

***EMDR***

Humanitarian Assistance Programs, Inc.

# **Annual Report**

## **2008**

July 1, 2007 to June 30, 2008

**EMDR Humanitarian Assistance Programs**

*PO Box 6505  
Hamden, CT 06517*

Fall 2008

Dear Friends of HAP

It is a pleasure to issue this Annual Report on the work of EMDR Humanitarian Assistance Programs in the fiscal year 2007-2008, ended June 30.

This was a year of great forward momentum and future planning, as well as a year of consolidation and refinement in our work, both in the US and abroad. Our guiding principle is to build capacity for effective trauma treatment in the communities we visit. We aim to be remembered, not only for the skills we bring, but for the skills we leave behind.

HAP continued to be the primary vehicle for extending basic clinical training in EMDR to therapists in not-for-profit and public agency settings – the very people who serve communities most afflicted by untreated trauma. Last year we revised and improved our training model and dramatically increased the number of EMDR trainers who lead our efforts. They were backed up by a volunteer force of facilitators and consultants that grew larger through the year.

We continued to develop Trauma Recovery Networks in pilot communities, to advocate for service to veterans and active duty military personnel and to develop a special initiative for HAPKIDS. An innovative program of “Therapy for Therapists” was created by HAP volunteers to continue support for colleagues in New Orleans and the Gulf Coast area.

Internationally, we continued transformational projects in the Middle East and Indonesia, and initiated promising new projects with partners in Africa and the Philippines.

Our finances are sound, benefitting from generous donations and grants that keep our training accessible and enable us to respond with direct services in community emergencies. We are grateful for the continuing partnership of our volunteers and donors that makes HAP successful.

Sincerely,



Robert A. Gelbach PhD  
Executive Director

## **WHAT WE DID AND WHERE WE HAVE BEEN**

- **56 Training events at 41 locations**
- **600 days of volunteer service @ training events**
- **1217 clinicians completed workshops**

### **July 1, 2007 –June 30, 2008**

Bellewood Presbyterian Homes for Children, Louisville, KY  
Butte County Department of Behavioral Health, Chico, CA  
Carroll County Youth Service Bureau, Westminster, MD  
Center for Human Development, La Grande, OR  
Child Inc., Wilmington, DE  
Christian Psychotherapy Services, Virginia Beach, VA  
Community Counseling Center, Camp Lejeune, NC  
Crittenton Children's Center, Kansas City, MO  
Dixwell Newhallville Community Mental Health, New Haven, CT  
East Hartford Youth Services, East Hartford, CT  
Family Life Chaplains Training Center, Fort Hood, TX  
Family Service Bureau of Newark, Newark, NJ  
Family Services Association, San Antonio, TX  
Family Shelter Service, Wheaton, IL  
Gateway Behavioral Health Services, Darien, GA  
GV Sunny Montgomery Veteran's Hospital, Jackson, MS  
Hospice of Volusia/Flagler, Daytona Beach, FL  
Howard Center for Human Services, Burlington, VT  
Ireland Army Community Hospital, Ft. Knox, KY  
Kingsley House, New Orleans, LA  
Larimer Center For Mental Health, Loveland, CO  
Life Development Training Institute, Chicago, IL  
Lutheran Counseling Center, Mineola, NY  
Marine Corps Air Station Miramar, San Diego, CA  
Nashville Family and Children Services, Nashville, TN  
New River Valley Community Services, Blacksburg, VA  
Phoenix Vet Center, Phoenix, AZ  
St. Charles Medical Center, Bend, OR  
Trumbull County Lifelines, Youngstown, OH  
Tulane University, New Orleans, LA  
Village Family Service Center, Fargo, ND  
Vinita Alcohol and Drug Treatment Center, Vinita, OK  
Wisconsin Resource Center, Oshkosh, WI  
Yolo Family Service Agency / Agencia de Servicios Familiares, Davis, CA  
YWCA of Metropolitan Chicago-West Suburban, Glen Ellyn, IL

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Indonesia Project, Aceh, Indonesia  
Nairobi St Marys Education Center, Nairobi, Kenya  
Torture Rehabilitation Center, Ramallah, Palestine  
University of Saint Thomas GS Psychotaruma Clinic, Manila, Philippines  
US Army Chaplains, Garmisch, Germany  
YMCA of East Jerusalem at Beit Sahour, Beit Sahour, Palestine

## **WHO WE ARE**

### ***EMDR Humanitarian Assistance Programs, Inc.***

#### **MISSION**

The Mission of EMDR Humanitarian Assistance Programs is to build capacity for effective treatment of traumatic stress disorders in underserved communities anywhere in the world.

#### **Board of Directors**

Francine Shapiro, Founder & President Emeritus  
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Elaine Howard, Administrative Associate  
Mary Ann Coughlin, Administrative Associate  
Maureen Matthews, Manager HAP Store  
Lindsay Thorpe, Assistant Manager HAP Store



*HAP staff with Francine Shapiro at the HAP Offices in Hamden, CT*

## Volunteers

There are over 700 volunteers registered with HAP. Without the allegiance and enthusiasm of these professionals who so generously give their time, HAP would be unable to fulfill its mission.

Volunteers gave their time serving on Training Teams, working on Trauma Recovery Networks, HAP Kids, and Therapy for Therapists, and in many other informal ways throughout the year.

The largest number of volunteer hours are spent by the HAP Training teams who bring EMDR Part 1 and Part 2, and specialty training events to not-for-profit organizations, both in the United States, and abroad. Training teams most often spend three days or more to provide the training, and many of our training staff volunteered to be part of a training team multiple times over the course of this last year.

### Training Team Volunteers July 1, 2007 to June 30, 2008

*If we have neglected to list a name, we extend our sincerest apologies.*

Robbie Adler-Tapia	Jim Gach	Susan Rogers
Karen Alter-Reid	Ed Hallstein	Lynda Ruf
Elaine Alvarez	Jean Hawks	Zona Scheiner
Susan Arland	EC Hurley	Janis Scholom
Jocelyn Barrett	Sandra Kaplan	Gene Schwartz
Luann Baylock	Michael Keller	Carolyn Settle
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Susan Carson	Deany Laliotis	Christie Sprowls
Jan Click	Hal Linebarger	Amber Stiles-Bodnar
Carol Crow	Carol Lozier	Julie Stowasser
Susan Curry	Jamie Marich	Rosalie Thomas
Judith Daniel	Priscilla Marquis	Susan Thompson
Katherine Davis	Maria Masciandaro	Janet Thorton
Donald Degraffenried	Jack Mccarthy	Leslie Weiss
Lynne Dixon	Peggy Moore	Kay Werk
Mark Dworkin	Regina Morrow	Bill White
David Eliscu	Helen Morton	Bennet Wolper
Nancy Errebo	Katy Murray	Sue Anne Wrenn
Sue Evans	Carl Nickeson	Beverly Wright
Warren Faber	Lawrence Nieters	Janet Wright
Karen Forte	Katie O'Shea	Jill Zimmerman
	Arnold Popky	

## **HOW WE DO WHAT WE DO**

### **CONTRIBUTIONS AND DONATIONS**

EMDR HAP's endeavors and accomplishments for the year beginning July 1, 2007 and ending on June 30, 2008 were made possible by the partnership of our volunteers and our donors.

In addition to the monetary contributions made by the long list of names below, HAP received approximately \$335,000 in donated professional time, and approximately \$114,000 in the use of meeting space provided by the agencies that sponsored the training events.

#### ***EMDR HAP Donors***

Robbie Adler-Tapia	Max Bowen	Patricia Conn
Jerry Agate	Mary-Margaret Bradley	Carolyn Conroy
Veronica Ahern	Nancy Bravman	Linda Cooke
Michael Alpert	Howard Bray	Dianne Cooper
Linda Alter	Sue Brewer	Jane Corwin
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Edith Ankersmit	Jane Brodie	Susan Cromwell
Brian Arcarese	Janet Brodie	Dena Crosby
Gudrun Armentrout	Susan Brondwell	Carol Crow
Theresa Baber	Kathleen Brown	Susan Culbertson
Lila Balch	Laura Brown	Susan Curry
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### **EMDR HAP Donors**

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Anita Galvan-Henkin	Mark Hayes	James Knipe
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Rosemary Gelbach	Patricia Henry-Schneider	Leila Kramer
Cynthia Geltz	Annette Hess	Wendy Krauss
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### **EMDR HAP Donors**

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Shana Mislak	Linda Rhyne	Marion Solomon
Paula Mistovich	Chris & Janeth Ringer	



### **EMDR HAP Donors**

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Suzanne Swanson	Anne Waldon	Nancy Zingale
Marly Sweeney	Leigh Wales	
Susie Symons	Marie Wargo	

### **2008 to 2009 Hopes and Plans**

- In the current year, EMDR HAP is on course to exceed all past records for training new EMDR clinicians.
- Projects begun in the West Bank of Palestine and in Nairobi are expected to expand into other parts of the Arab Middle East and East Africa.
- In the US, where HAP has already trained over 700 clinicians in the VA and the Department of Defense, we are planning to support more civilian agencies to provide traumatized veterans with a more supportive "welcome home."
- HAPKIDS is a new HAP initiative to focus on children and trauma, and we are beginning an effort to link up with agencies serving clients with intellectual disabilities.
- Our intention to build a Trauma Recovery Network across the nation as a reserve force for disaster response is progressing in several pilot communities.

**EMDR Humanitarian Assistance Programs, Inc**  
**STATEMENTS OF FINANCIAL POSITION**  
**For the years ending June 30**

	<b>2008</b>	<b>2007</b>
<b>Current Assets:</b>		
Cash and cash equivalents	\$ 204,113	\$ 232,013
Grants receivable	-	14,606
Inventory	11,221	14,396
Prepaid expenses	5,029	6,284
Total current assets	\$ 220,363	\$ 267,299
Property and equipment, net of accum. depreciation	12,358	18,683
Total assets	<b><u>\$ 232,721</u></b>	<b><u>\$ 285,982</u></b>

**LIABILITIES AND NET ASSETS**

Current liabilities:		
Accounts payable and accrued expenses	\$ 10,689	\$ 37,343
Credit card payable	6,445	4,793
Payroll taxes payable	-	3,401
Grants payable	22,541	64,151
Total current liabilities	\$ 39,675	109,688
<b>Total net assets</b>	193,046	176,294
Total liabilities and net assets	<b><u>\$ 232,721</u></b>	<b><u>\$ 285,982</u></b>

**EMDR Humanitarian Assistance Programs, Inc**  
**STATEMENTS OF ACTIVITIES AND NET ASSETS**  
**For the years ending June 30**

	<b>2008</b>	<b>2007</b>
<b>Revenues:</b>		
Product sales	\$ 151,137	\$ 154,557
Program services	484,175	329,843
Grant and contract income	58,566	124,914
Disaster response	-	1,845
Contribution income	83,357	93,115
Total unrestricted revenues	<u>777,235</u>	<u>704,274</u>
<b>Cost of goods sold:</b>		
Inventory-beginning	14,396	12,151
Store expenses	26,745	33,708
Contract services	20,698	3,000
Training expenses	160,147	176,433
Travel	4,448	1,556
Postage & delivery and reproduction	73,002	57,349
	<u>299,436</u>	<u>284,197</u>
Inventory ending	11,221	14,396
Total cost of goods sold	<u>288,215</u>	<u>269,801</u>
	<b><u>489,020</u></b>	<b><u>434,473</u></b>
<b>Gross Profits:</b>		
<b>Expenses:</b>		
<b>Program indirect costs</b>	347,679	313,088
<b>Management and general expenses</b>	94,816	40,776
<b>Fundraising expenses</b>	27,300	15,927
<b>Total expenses</b>	<u>469,795</u>	<u>369,791</u>
<b>Change in net assets before invest. income</b>	<u>19,225</u>	<u>64,682</u>
<b>Investment income (loss):</b>	(8,409)	-
loss on sale of securities	-	(261)
Interest and dividend income	5,936	5,366
Total investment income(loss)	<u>(2,473)</u>	<u>5,105</u>
<b>Change in net assets</b>	16,752	69,787
Net assets - beginning	176,294	106,507
Net assets - ending	<u>193,046</u>	<u>176,294</u>

***EMDR Humanitarian Assistance Programs, Inc.***

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Hamden, CT 06517

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[www.emdrhap.org](http://www.emdrhap.org)