

Volunteers

Consultants, Trainers and Facilitators who volunteered during FY 2012

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Volunteer Coordinator
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EMDR Humanitarian Assistance Programs, Inc.

Annual Report
July 1, 2011 – June 30, 2012

HAP is stronger than ever and we expect the coming years to continue our progress on many fronts. Following are some of the highlights of the past fiscal year.

PRESTIGIOUS AWARD: Last November HAP was presented the Sarah Haley Award by the International Society for Traumatic Stress Studies (ISTSS). The only other organization to have received the award is Doctors Without Borders (in 2000).

TRAINING: We remain committed to educating the clinicians who serve the underserved in this country and the world.

Our new Traumatology Stabilization workshop, recommended as a precursor to EMDR basic training, educates the public and caregivers how to recognize the effects of trauma, to gain basic understanding of the psychology of trauma and to learn psychological self-care techniques and how to teach them.

Our new consultation directory system, provides the names of HAP-friendly consultants whom trainees can contact directly after Parts I and II for assistance, thereby increasing the efficiency of the process and making connections easy.

NEW RESOURCE CENTER: As an additional aid to communication and knowledge, the Bookstore is now the Resource Center. It provides increased educational resources for participants to reinforce training and to increase their skills and to enhance the general public's knowledge of PTSD. A wide range of materials – CDs, DVDs, books, brochures – is available for volunteers and donors as well as participants.

WEBSITE: Significant improvements have been made to the website, another key communication resource, with more underway.

VOLUNTEERS: The continuing support for our trainees now includes a newsletter, The HAP Connector, that is sent to participants and agencies, connecting them to research, tips and other resources to enhance their clinical skills. The newsletter also supports the clinical growth of participants, helping them with the clinical skills to use EMDR more effectively.

You can make sure that the work of HAP continues by remembering HAP in your will. Your planned gift can help assure that others will be helped in the future.

Contact Abygale Lund, Development Coordinator, alund@emdrhap.org for additional information.

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Hamden, CT 06518

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TRNS: There are currently 13 active TRNs (Training Recovery Networks) providing educational and collegial services. HAP and the TRNs have an expanded collaborative relationship.

DISASTER RECOVERY: The Western Massachusetts TRN was able to respond quickly and effectively to the flooding and hurricane disasters that hit New England. Many volunteers also went to the aid of victims of the tornadoes in Joplin, MO and Tuscaloosa, AL. We have ongoing relationships with the first responders in those areas: especially fire, police and emergency medical personnel.

INTERNATIONAL: Our work this year has strengthened relationships with various NGOs throughout the world. For example, with support from the International Relief Teams, HAP began a series of workshops on July 2, 2012 to be conducted in five days in Sri Lanka; 24 Sri Lankan mental health workers were trained in Traumatology and Stabilization and Part I of Basic EMDR. Fifteen Sri Lankan EMDR-trained therapists, who were trained in 2005 after the tsunami, completed a refresher course. The workshops were very successful and Sister Janet said the participants are "eager to finish the Part II training so that they can very confidently practice EMDR in a wider setting."

Because the training team kept costs down, HAP is able to help build a resource center in Sri Lanka. We will send materials integral in helping the clinicians maintain their skills and will be invaluable in their field work.

HAP has also solidified the capacity for EMDR training and trauma education to continue in Palestine. Consultation, training and support to build local capacity continues. Indeed, EMDR therapists on the West Bank are working on complex trauma cases. They are also now using EMDR with traumatized Bedouin children living (and being treated in) caves, using the individual and group protocol and butterfly hug with success. Parents report marked improvements.

HAP has trained 46 clinicians in Zambia to date in Parts I and II and in specialty workshops including Traumatology and Stabilization.

We also continue training efforts in Ethiopia. So far, we have trained more than 205 Ethiopian clinicians in Parts I and II and in specialty workshops.

NEW CLINICAL DIRECTOR: Nancy Simons has succeeded Hope Payson as Clinical Director. Nancy, an EMDR clinician, is the co-chair of the Western Massachusetts Trauma Recovery Network and former Steering Committee member of the Western Massachusetts EMDRIA. After seven years of stellar service, Hope Payson is continuing to work with HAP on special projects.

EMDR Humanitarian Assistance Programs, Inc. Balance Sheet Summary Prev Year Comparison* As of June 30, 2012				
ASSETS	Jun 30, 2012	Jun 30, 2011	\$Change	%Change
Checking/Savings	329,268	243,854	85,414	35%
Other Current Assets	36,281	35,717	564	2%
Total Assets	365,549	279,571	85,978	31%
Fixed Assets*	7,959	17,488	(9,529)	(54%)
TOTAL ASSETS	373,508	297,059	76,449	26%
<i>* FY12 Fixed Asset reduction reflects annual depreciation</i>				
LIABILITIES & EQUITY				
Accounts Payable	(1,658)	2,625	(4,283)	(163%)
Credit Cards	990	576	414	72%
Other Current Liabilities	244,384	199,355	45,029	23%
Total Current Liabilities	243,715	202,556	41,159	20%
Long Term Liabilities	59,230	51,800	7,430	14%
Total Liabilities	302,945	254,356	48,589	19%
Equity	70,563	42,703	27,860	65%
TOTAL LIABILITIES & EQUITY	373,508	297,059	76,449	26%
<i>*This is a preliminary statement, not yet subject to independent audit.</i>				

DONORS

The success of our mission depends on the generosity of our donors and we are grateful for their generous and continuing support.

BENEFACTORS

Given at least \$3000 over the past five years or more.

Patrick Beach
Cheryl Bolte
Philip Bronstein
Lynn Buhler
Katherine Davis
Roberta Dunton
Jeffrey Erdly
Carol Forgash
Robert Gelbach
Hank Glaser
Cynthia Kong
Jean Hawks
Zari Hedayat
Barbara Hensley
Stephen Howard
Terrance Howson
Patti Levin
Marilyn Lubber
John Marquis
Elizabeth Matuszak
Katy Murray
Margaret Passanisi
Revocable Trust (Deceased)
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Graham Ritchie
Maudie Ritchie
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Patti Levin
Marilyn Lubber
Margaret Passanisi
Revocable Trust (Deceased)
Graham Ritchie
Maudie Ritchie
Zona Scheiner
Francine Shapiro
Robin Shapiro
Susan Shrier
Jewel Slesnick
Donna Southworth
Janet Thornton
Robert Welch
Bennet Wolper

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\$250-\$999
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Linda Blackburn
Steve Brownrigg
Wendy Buchanan
Joan Bullard
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Cynthia Gitz
Susan Goodell
Sharon Grant
Susan Harris
Roxann Hassett
Jean Hawks
Barbara Hensley
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Carol Martin
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Lark Ryan
Namioka Salabie
Jean Sidley
Conrad Sienkiewicz
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Christina Stimmann
Pamela Wilson
Holly Wohl
Rande Wood

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Contributed at least \$1000 in FY 2012

Emily Aber
Cheryl Bolte
Lynn Buhler
Katherine Davis
Roberta Dunton
Jeffrey Erdly
Carol Forgash
Robert Gelbach
Louis Gitlin
Terrance Howson

George Abbott
Michael Alpert
Karen Alter-Reid
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Internat'l Student & Scholar Services, Binghamton University
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Jan Wheeler
Gayle Woosley
Janet Wright
Jamie Zabukovec
Linda Zalewski
Carol Zancanella

In FY 2012, HAP conducted 94 basic and specialty trainings domestically at 66 agencies with a total of 2,131 participants.

FOUNDATIONS

Grants Received from:

International Relief Teams:
Continuation of trainings in Sri Lanka

Mental Wellness Foundation
Continuing support for 4th year, focusing on marketing.

The Hoffman Foundation
Support for continuation of training in Ethiopia

Veteran Justice Corps
Expansion of the Welcome Back Veterans program that brings an AmeriCorps volunteer into the Minnesota HAP TRN program that will cater to the needs of the Minnesota veterans.