

## EMDR Humanitarian Assistance Program

# Making it HAPpen

Your volunteer newsletter.

Vol 1 , No 2 , Aug. 2007



HAP is committed to relieving human suffering and breaking the cycle of violence world wide. Our volunteers and financial donors make this possible.

### INSIDE THIS ISSUE

Participant Feedback – 1

Trauma Recovery Network – 2

Diversity Initiative – 3

HAP at Virginia Tech—3

Basic Training Consultant Update—3

HAP Celebrates Trainers—4

### HIGH PRAISE FOR EMDR AND HAP TRAINING TEAMS

At HAP we regularly receive positive feedback and praise for our training teams. Here is what one of our recent training participants had to say.

I have been privileged to get the EMDR training this spring in New Orleans. I have attempted its use already. It was so impressive for me in our training I became a convert. I am now working on setting up a training where I work at the VA in Jackson, Ms. It works so quickly that I still cannot believe it is true. As a psychiatrist I have been frustrated for years in my inability to impact PTSD with medicines. While they have a place, I have not been able to resolve the core issues until EMDR.



There is no way I can express my gratitude for the training or the high quality of the trainers themselves. Terrific is not a strong enough word to begin to describe the work they did. I will be forever grateful for all the people that provided this experience. I know that it takes a whole organization to provide this service and I thank you all.

Whatever I may do to help further this technique, allow me to help.

Skip Brister  
August 6, 2007

**See page four for a list of HAP trainers and trainers in training.**

# EMDR Humanitarian Assistance Program

## Making it HAPpen

Vol 1, No 2, Aug. 2007

Your volunteer newsletter.

**Please send announcements, milestones, stories or digital pictures from your volunteer experience to: [volunteer@emdrhap.org](mailto:volunteer@emdrhap.org).**

*Congratulations!*

Don Degraffenried has earned the designation - EMDRIA approved Consultant!

As a HAP volunteer Don serves as a Basic Training Facilitator and Consultant.

### TRAUMA RECOVERY NETWORKS—TAKING SHAPE

A Trauma Recovery Network or TRN is a network of EMDR clinicians who are prepared to respond, pro bono, to local disasters with brief EMDR treatment. Each TRN consists of a coordinator who leads the local initiative, an EMDRIA approved consultant who provides consultation to TRN clinicians and several EMDR clinicians who provide brief therapy to appropriate clients after a disaster.

This summer HAP met with a group of EMDR clinicians in Western Massachusetts to discuss collaborating on the development of a model Trauma Recovery Network (TRN). This new partnership and the ongoing TRN in Seattle will provide critical insight into the clinical, organizational and governmental realities of establishing TRNs in diverse communities.

Recent events such as the shootings at Virginia Tech, the Minneapolis bridge collapse and the Crandall mine disaster remind us that any community can experience a traumatic event at any time. It is our hope that by

standardizing a TRN model we can assist EMDR clinicians to organize before disasters occur so they can focus on bringing relief to members of their community after it strikes.

We are excited about these collaborations and appreciate the dedication and initiative of our talented volunteers. They bring invaluable perspectives and guidance to the development of a standardized TRN model that will be community based yet universally applicable.



If you are interested in volunteering for a TRN in your community please let us know by updating your volunteer profile on our website [www.emdrhap.org](http://www.emdrhap.org).

If you have special knowledge of emergency response systems or the role of community mental health agencies after a disaster and would like to inform the development of a TRN model please email us at [volunteer@emdrhap.org](mailto:volunteer@emdrhap.org).

# EMDR Humanitarian Assistance Program

## Making it HAPpen

Vol 1, No 2, Aug 2007

Your volunteer newsletter.

### HAP'S MISSION WITH A FOCUS ON DIVERSITY

HAP has a special role in the EMDR community - to make EMDR training affordable and accessible to clinicians in nonprofit and public service agencies. We do this by bringing trainings where they are needed, using the services of volunteers, scheduling trainings around weekends, using donated facilities and seeking out grant funding.

In the fiscal year ending June 2007 HAP provided EMDR training to 1,428 clinicians. Virtually every weekend we dispatch a training team to sponsoring agencies across the country.

HAP trained EMDR clinicians become permanent resources in their communities. They provide EMDR therapy to people dependent on non profit or public service agencies for mental health services.

In the months ahead we will be looking for opportunities to do trainings in agencies that work with underserved and marginalized populations including minorities, immigrants, survivors of domestic violence, the incarcerated and others.



The unbelievable reality is that many clinicians do not know about EMDR. You can help change this by building relationships with agencies in your community, introducing them to EMDR and HAP's initiative to train non profit clinicians.

If agencies have specific questions about scheduling a training please refer them to Hope Payson at [hpayson@emdrhap.org](mailto:hpayson@emdrhap.org).

### HAP AT VIRGINIA TECH

Thanks to Deany Laliotis for steering a Basic Training event in Blacksburg, VA to HAP and for conducting the training. The 20 clinicians who participated in the training work with clients effected by the Virginia Tech shootings.

Our thanks goes out to the many volunteers that responded to our request for assistance on such short notice.

### BASIC TRAINING CONSULTANT UPDATE . . .

So far 113 EMDRIA Approved Consultants or Consultants in training have volunteered to serve as Basic Training Consultants. Thank you!



During the fiscal year ending July 2007 HAP asked volunteers to serve in 184 training positions . . .and you came through!

The combined Fair Market Value of your volunteerism is nearly \$250,000!!!!

