

Making It HAPpen

Volunteer Newsletter of the EMDR Humanitarian Assistance Program

May Flowers with Trainings

May was a month that brought some HAP trainings to a few new neighborhoods. The month began with a Traumatology and Stbilization Workshop at the Arc of Northern Bristol County in Attleboro, Massachusetts. **Jan Schaad** was the presenter of this workshop that focused on treating people with Intellectual and Developmental Disabilities.

We then had a Part I training in Jackson, Wyoming with the J-Team: trainer **Jim Knipe** and facilitators **Jan Schaad** and **Janet Wright**. Red badge **Leslie Brown** observed this training, while **Faye Campbell** (who made the initial effort to bring HAP to Jackson) did logistics. As Mr. T of the A-Team would say, "I pity the fool" who doesn't use EMDR after being trained by these volunteers!

HAP then headed south to return to Ruston, Louisiana for a Part II training. **Jack McCarthy** was the trainer and **Earl Grey** his dependable facilitator. In Gainesville, Florida we had a Part I with the dynamic duo of trainer **Reg Morrow** and trainer in-training **Lynda Ruf**. Athens, Georgia was the southern site for a Part II with trainer **E.C. Hurley** and facilitators **Helen Morton** and **Gene Schwartz**. **Lori Nelson** observed as a red badge.

The month ended in Fort Collins, Colorado for a Part I training with trainer **Laurie Tetrault**. The facilitators were **Janet Wright**, **Chandra Nagireddy** and **Roger Ludwig**. Red badge **Marsha Sage** observed this training while **Flo Holt** handled logistics.

June 9, 2010

Volume 2, Issue 11

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HAP's Newest Facilitator

Hearty congratulations go out to **Dorothy Ashman**, who just wrapped up her red badging in Asheville and is now HAP's newest facilitator. Nicely done, Dorothy!

If you are an EMDRIA-approved consultant (or a consultant in-training with at least ten hours) and would like details on how to become a facilitator, drop me a line at conrads@emdrhap.org and I'll gladly assist you.

Plane, Train and Automobile Receipts

Got questions about submitting HAP receipts? Drop me an email at conrads@emdrhap.org and I'll gladly send you the HAP reimbursement policy. Also, if you need a reimbursement form, I can send you one of those.

If you fly to a training, HAP encourages you to book your flight as soon as possible, as an early booking can save us a hundred dollars or more per ticket. We understand that with a late request to attend a training, this is not always possible, but once you are confirmed to be part of a training team, please go to Egencia or SWABIZ to reserve your plane seat as soon as you can. Thanks for helping HAP keep costs down!

Hounded by HAParazzi?

HAP needs your photos of past HAP events. These HAP snaps will be part of a PowerPoint that we hope to show at the EMDRIA Conference this year as part of our 15th birthday celebration.

If you have any HAP photos, please send them (preferably by email as attachments, or by regular mail) at conrads@emdrhap.org or 2911 Dixwell Avenue, Suite 201, Hamden, Connecticut 06518. Please identify who is in each photo, as well as where and when the photos were taken. Photos mailed to me will be scanned and returned.

If you are attending any upcoming HAP trainings or events, please feel free to take some photos and send them to me so I can include them in this PowerPoint as well as in future issues of the volunteer newsletter. Thank you!

Thank You, Interviewers and Mentors!

Many thanks to **Harriet Mall** who recently served as an interviewer for a HAP facilitator applicant. Big thanks also go out to mentors **Carol Forgash** and **Jill Strunk**.

As our list of facilitator applicants grows, so does the need for interviewers and mentors. If we have more mentors in more states, we can match candidates with mentors who can meet them in person to review the facilitator training handbook and prepare them for red badging (that is, observing and being observed at trainings).

During the last year, numerous HAP volunteers have stepped up to the plate to serve as mentors, including **George Abbott, Robbie Adler-Tapia, Karen Alter-Reid, Suzi Carson, Karen Forte, Ann Gildersleeve, Ana Gomez, Roy Keissling, Nancy Knudsen, Harriet Mall, Maria Masciandaro, David Ogren, Elaine Ortman, Lynda Ruf, Brenda Sawyer, Jan Schaad, Jill Strunk** and **Leslie Weiss**.

If you are a trainer or facilitator, please consider interviewing or mentoring a HAP facilitator applicant. If you would like details on interviewing and/or mentoring, drop me a line and we'll start a conversation on facilitating with HAP.

Words To Live By: Eleanor Roosevelt **(First lady, Author, Activist, 1884-1962)**



“A woman is like a tea bag — you never know how strong she is until you put her in hot water.”

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We're on the Web!
www.emdrhap.org

Please please please be sure you are using the new address for all your regular mail to HAP. In the future, our forwarding privileges will end, and mail sent to our post office box will not be forwarded.

If you have a HAP form that pre-dates this move, be aware that you should use the new address and not the old address (the p. o. box).

Thanks for your assistance with this!

Here's a list of upcoming HAP trainings:

- Part II: Deschutes County Mental Health in **Bend**, Oregon on June 11-13
- Part I: Palm Beach Atlantic University in **Orlando**, Florida on June 11-13
- Traumatology Workshop: Nemasket Group in **Fairhaven**, Massachusetts on June 16-17
- Traumatology Workshop: Occupational Enterprises in **Lebanon**, Virginia on June 25
- Part II: SafetyNet Academy in **Montgomery**, Alabama on June 25-27
- Part II: Arizona Branch of the Association for Play Therapy in **Phoenix** on June 25-27
- Part II: Dixwell Newhallville Community Mental Health in **New Haven**, Connecticut on June 25-27
- Part I: US Navy in **Atsugi**, Japan on June 30– July 2

- Part I: Veterans Families United in **Oklahoma City**, Oklahoma on July 9-11
- Part I: Care for the Troops in **Macon**, Georgia on July 16-18
- Part I: Synergy Services in **Kansas City**, Missouri on July 16-18
- Part I: Green House Center in **Orem**, Utah on July 16-18
- Part I: Suncoast Center in **St. Petersburg**, Florida on July 23-25

- Part II: China Project in **Sichuan**, China on August 9
- Part II: Florida Council Against Sexual Violence in **Tallahassee**, Florida on August 13-15
- Part I: Grace Church in **High Point**, North Carolina on August 27-29
- Part II: Veterans Village in **San Diego**, California on August 27-29

More trainings are being added, so be sure to check the schedule online for updates.

Want to help arrange a HAP training in your neighborhood? Contact Hope Payson, Training Coordinator, at training@emdrhap.org, and she'll discuss the details with you.

As always, I welcome your suggestions and contributions to this newsletter.

Enjoy the month!

Conrad Sienkiewicz
Volunteer Coordinator