

Making It HAPpen

Volunteer Newsletter of the EMDR Humanitarian Assistance Program

March Keeps HAP Hopping

The month began with a Part I training right in our backyard: New Haven, Connecticut! **Don deGraffenried** was most instrumental in getting this training sponsored by his agency, Dixwell Newhallville Community Mental Health. **Jack McCarthy** was the trainer who had a fine trio of facilitators: **Don, Denise Gelinas** and **Joan Petty**. Red badge **Phoebe Kessler** observed this training and will also join a cadre of consultants: **Don, Joan, Lou Ann Baylock, David Eliscu** and **Hope Payson**.

Across the country that same weekend, another Part I occurred in Salinas, California. **Hal Linebarger** was the trainer backed by another trio of fervent facilitators: **Jennifer Lendl, Katie O'Shea** and **Julie Stowasser**. Red badge **Carol Zancanella** was observed.

Meanwhile, over in India, **Rosalie Thomas** served as a trainer in Mumbai for a Part II on March 13-15 and a Part I on March 17-19, and then she hightailed it to Chennai for a Part I on March 22-24. Let's do the math together: that's nine days of training in twelve days! Wow! *BIG THANKS* to **Rosalie!** **Sushma Mehrotra** and **Dr. Natarajuan Shalini** presented as trainers in-training.

Stateside again, trainer **Michael Keller** led a Part II training in Grand Rapids on March 18-20. **Zona Scheiner** and **Bennet Wolper** served as trainers in-training in their home-state of Michigan. **Lillian Sideris** facilitated.

Returning to New England, we had a Part I training in Haverhill, Massachusetts on March 19-21. Follow me carefully on this one: **Roy Kiessling** was the trainer who observed trainer in-training **George Abbott**, who in turn was observing red badge **Mark Nickerson**. (**Mark**, of course, paid close attention to **Roy**.)

South to Fort Hood, Texas, where trainer **E. C. Hurley** led a Part II training with facilitator **A. J. Popky** on March 25-27. This training was made possible by generous donations following the Fort Hood shooting in November 2009.

That same weekend saw a Part II training due west in El Paso, headed by trainers **Peggy Moore** and **Judith Boel**. The month ended back in the Bronx for a Part II with trainer **Kathy Davis** and facilitator **Karen Alter-Reid**.

Yep, March kept HAP hopping, for sure!

April 8, 2010

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EMDR Asia Conference in Bali, July 9-11

The first EMDR Asia Conference will take place in Bali on July 9-11, 2010. Many presenters from around the world will be there, including keynoter Dr. Francine Shapiro, to mark this milestone in worldwide dissemination of EMDR. This conference should attract many people who were trained by HAP in countries such as India, Indonesia, Sri Lanka and Thailand.



Early bird registration has been extended to April 30th.

Details on this historic conference can be found at www.emdria.org.

Spring Cleaning and the HAP Database

Spring is a time of changes. Consider your own life, with possible changes in address, phone number, email, job, skills and volunteer interests... Could you please take a few minutes to update your HAP volunteer account? Just go to www.emdrhap.org and put your mouse over the link at the top of the page that reads "Volunteers." You will then see a drop down window with several options: choose "Log Into Your Existing Account." (If you have forgotten your user name and password, you can follow the link to request them or you can drop me an email and I will gladly assist you. ***Please do not create a new volunteer account.***)

Once you are in your existing account, please review the contact information, especially your address, phone number(s), and email address. Then be sure to update or add relevant information under Professional Background, EMDR-Related Background, Skills & Experience, and Areas of Volunteer Interest. As you complete each section, click "Save and Continue," and when you are done filling in all the areas, hit "Save and Exit." This information helps me understand who you are and how you can volunteer with us. The more accurate information I have about you, the better I can match you with a volunteer opportunity.

Many thanks for your assistance with this.

Thank You, Interviewers and Mentors!

Many thanks to **Eugenie Hsu, Sandra Kremer, Katy Murray, Janet Thornton, Frankie Klaff and Janet Wright**, who all served as interviewers recently for HAP facilitator applicants. Big thanks also go out to mentors **Carol Forgash, Nancy Knudsen, Karen Alter-Reid, Lynda Ruf, Maria Masciandaro and Ann Gildersleeve**.

As our list of facilitator applicants grows, so does the need for interviewers and mentors. If you are a trainer or facilitator, please consider interviewing or mentoring a HAP facilitator applicant. If you would like details on interviewing and/or mentoring, drop me a line and I'll gladly assist you.

Calling All Consultants!

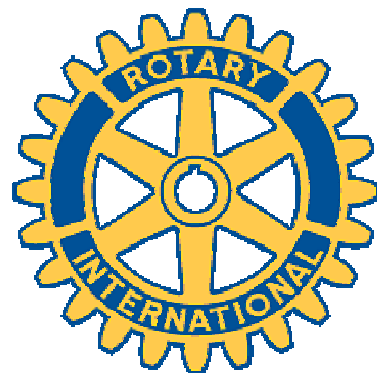
Are you an EMDRIA-approved consultant, or if not, are you a consultant in training who has completed at least 10 of the 20 required hours of consultation-of-consultation? If so, then you could be a HAP consultant for HAP trainees after their Part I and Part II trainings.

Consultation is a great way to assist recent trainees as well as their clients. If you would like details on becoming a HAP consultant, drop me a line at conrads@emdrhap.org and I'll assist you.

We especially need consultants who work with children, as we have numerous trainees practicing with this population.

HAP Turns Up the HEAT: HAP Educates About Trauma

HAP volunteers are making dates to educate others about trauma in California, Colorado, Idaho, New York, Vermont, Florida, Maryland and Hawaii.



Are you interested in speaking to a local Rotary club about trauma, EMDR and HAP? If so, drop me a line at conrads@emdrhap.org: I'll make the introductions and you can make the date.

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We're on the Web!
www.emdrhap.org

Here's a list of upcoming HAP trainings:

- Part I: Florida Council Against Sexual Violence in **Tallahassee** on April 9-11
- Part II: Tennessee Licensed Professional Counselors Association in **Nashville** on April 9-11
- Part II: Palm Beach Atlantic University in **West Palm Beach, Florida** on April 30-May 2
- Part II: Mountain Area Health Education center in **Asheville, North Carolina** on April 30-May 2
- Traumatology Workshop: The Arc of Northern Bristol County in **Attleboro, Massachusetts** on May 10
- Part I: Jackson Hole Community Counseling Center in **Jackson, Wyoming** on May 14-16
- Part I: Traumatic Brain Injury Program in **Gainesville, Florida** on May 14-16
- Part II: Louisiana Methodist Children's Home in **Ruston, Louisiana** on May 14-16
- Part I: Pathways Hospice in **Fort Collins, Colorado** May 21-23
- Part II: Samaritan Counseling Center of NE Georgia in **Athens** on May 21-23

More trainings are being added, so be sure to check the schedule online for updates.

Want to help arrange a HAP training in your neighborhood? Contact Hope Payson, Training Coordinator, at training@emdrhap.org, and she'll be glad to assist you.

As always, I welcome your suggestions and contributions to this newsletter. Enjoy the new life springing up all around us!

Conrad Sienkiewicz
Volunteer Coordinator

Words To Live By, Henry Miller
(American Author, 1891-1980)

“The aim of life is to live, and to live means to be aware, joyously, drunkenly, serenely, divinely aware.”

