



Making It HAPpen

Volunteer Newsletter of the EMDR Humanitarian Assistance

By HAP standards, June was jumpin'. On June 3, trainer **Michael Keller** and facilitator **Hope Payson** presented a Part II training in Torrington, Connecticut, with red badge **Judy Cabeceiras** observing. That same weekend in High Point, North Carolina, trainer **Roy Kiessling** and trainer in-training **Lynda Ruf** delivered a Part II.

On June 10, Lynda and Roy were paired again and joined by facilitator **Andrew Seubert** in Chester, Pennsylvania for a Part II. It seems that in Chester, matching outfits are not a question of coincidence but of coordination, and we have pictures to prove it! Andrew says this behavior is "diagnosable."

We then had a pair of Part I trainings in Florida. In Tampa, trainer **Carol Crow** worked with trainer in-training **Katy Murray** and facilitators **Roxann Hassett** and **Wendy Krauss**. Down the road a poke in Orlando, trainers **Reg Morrow** and **Deb Kennard** successfully tag-teamed.

On June 24, trainer **Roy Kiessling** and trainer in-training **Carol Crow** worked together on a Part II in Rock Island, Illinois. In Yakima, Washington, trainer **Rosalie Thomas** and facilitator **Katie O'Shea** managed a Part II quite nicely. In Brunswick, Georgia, trainer **E. C. Hurley** was ably assisted by facilitators **Helen Morton** and **Gene Schwartz**.



Lynda, Andrew and Roy got the memo on dress code!

July 20, 2011

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The fiscal year ended on June 30 and we are now working on our annual audit. If you have any reimbursement requests from the last 12 months, please send them in now so we can reimburse you and keep our books accurate. Thank you!

HAP at the 2011 EMDRIA Conference

The **HAP booth** will be up and running. We will have some exclusive items you will find only at the conference, as well as a few conference-only bargain prices on selected materials, such as HAP caps! We will accept cash, checks and credit cards. There will also be information about volunteer opportunities. HAP's booth is always alive with activity and is a great place to meet some HAP staffers and share a smile!

HAP will host an **invitation-only reception for donors** on **Wednesday** night from **5:30pm to 7**. The location will be determined.

The **HAP Faculty Meeting** will be held on **Thursday** from **3:30 to 5pm** (location to be determined). The Faculty Meeting is for all HAP trainers and facilitators. We will go over changes regarding training events as well as review items brought up at last year's meeting. Lastly, we will take suggestions on issues to address this upcoming year.

On **Friday**, we will welcome new and potential volunteers to a **New Volunteer Q & A** from **12:15pm to 1:15**. Bring your lunch and learn about volunteer opportunities at HAP. Bring your questions and your interests, too!

The **HAP Dance** will be held on **Friday** night at **9:30**. We will have a live band, cash bar and party lights! Buy your tickets in advance at the HAP booth and become eligible for our raffle. This annual event puts the "fun" in fundraiser!

We look forward to seeing you in Anaheim!



We salute the fourteen HAP volunteers who provided post-training consultation to HAP trainees in June. These dedicated folks were:

Soozi Bolte, Wendy Buchanan, Gayle Cordes, Michael D'Antonio, Karen Forte, Patty Giffin, Earl Grey, Jean Hawks, Sarah Jenkins, Josie Juhasz, Carol Kibbee, Farns Lobenstine, Maria Masciandaro, and Merrill Powers.

We appreciate them taking time out from their schedules to bring effective consultation to new trainees.

HAP could use more volunteer consultants. For more information on becoming a HAP consultant, please visit our website or email the volunteer coordinator at volunteer@emdrhap.org.



Jean Polka Announces Retirement from HAP

Jean Polka, the Associate Training Director at HAP for many years, recently announced that she would be retiring from HAP after this year's EMDRIA conference. Jean states this was a difficult decision, but she knows she is leaving HAP at the right time. Her retirement will allow her to spend more time with her parents, children and grandchildren, as well as give her increased time to pursue her hobbies of golf, painting and competitive skeet-shooting.

Jean often spoke of the "HAPpy family" of volunteers and she is looking forward to seeing many of them at the EMDRIA conference in Anaheim. While Jean will never truly be replaced, Volunteer Coordinator Conrad Sienkiewicz will do his best to take over Jean's role of assigning trainers and facilitators to HAP events.

Jean initially experienced some negative cognitions while preparing her announcement, so she sought the help of a certified EMDR clinician. As you can see from the photo below, **Hope Payson** was able to return Jean's smile by using a modified BLS wand with immediate and astonishing results.



HAP has New Newsletter for HAP Trainees

HAP has just launched The HAPpy Club, a newsletter for HAP participants in basic trainings. It is anticipated that this newsletter will be distributed monthly via email and will include information that HAP trainees might find useful. The newsletter is a opportunity for HAP trainees to stay connected with HAP, learn about upcoming EMDR-related workshops and perhaps pick up a few tips to improve their EMDR practice.

If you are sponsoring an EMDR-related workshop that is EMDRIA-approved, and you would like it publicized to HAP trainees, then please send details of your training to me (conrads@emdrhap.org) so I can include it the trainee newsletter. A PDF flier would be ideal, as well as any links to your website.

HAP Snaps!



...this **wee mousy** was an unanticipated roommate!

Back in May, **Sue Thompson** sent me some great shots of the Flagstaff team's accommodations. (Please note that this rustic rental was discovered *by the team*, not HAP). I forgot to print the photos in an earlier newsletter, so here they are now for your enjoyment.

That's **Jan Schaad** finding peace and serenity in a Buddha-like pose (note the advanced lock system on the door to her right), or perhaps she is merely trying to keep her feet of the floor because...



Helen Morton, Gene Schwartz, E. C. Hurley, Peter McCall and Robyn Garrett-Gunnoe at Brunswick GA Part I.



Roy Kiessling makes his point during practicum in Chester PA Part II.

Reg Morrow and **Deb Kennard** also had coordinated outfits at the Orlando FL Part I. “On A Mission” indeed!



Over at the Tampa FL Part I, **Roxann Hassett, Carol Crow, Katy Murray** and **Wendy Krauss** were in step flaunting their matching footwear.



Here are the trainees from our Yakima WA Part II. When the agency representative **Jorge Torres-Saenz** (in the middle row far right) heard the per diem was only \$46, he immediately started to advocate for HAP volunteers, emphasizing that this low amount would fail to cover a decent hotel and we would lose “great volunteers.” I then explained to him that HAP covers hotel and travel expenses, and the per diem is just for meals. Jorge is definitely the guy you want in your corner, and the Yakima Valley Farm Workers Clinic is lucky to have him!



**Got HAP snaps?
Send ‘em to the volunteer coordinator!**

**Volunteer Newsletter of
the EMDR Humanitarian
Assistance Programs**



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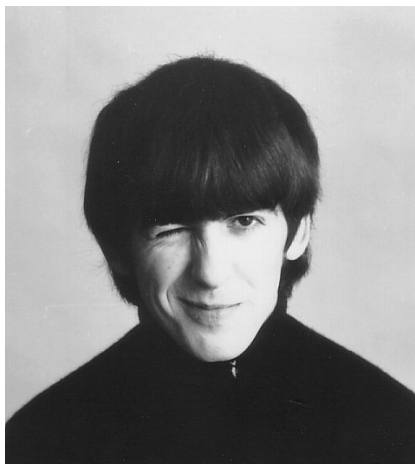
Here's a list of upcoming HAP trainings:

- Part II: Fairfield University Graduate School of Education and Allied Professions in **Fairfield**, Connecticut 7/8-10
- R-TEP: in **Tuscaloosa**, Alabama 7/9
- Part II: in **Pittsburgh**, Pennsylvania 7/15-17
- Part I: in **Joplin**, Missouri 7/29-31
- Part I: in **Charlotte**, North Carolina 8/12-14
- Part I: in **Overland**, Kansas 8/12-14
- Part I: in **Biloxi**, Mississippi 9/9-11
- Part II: in **San Diego**, California 9/16-18
- Part II: in **Abingdon**, Virginia 9/16-18
- Part I: in **Campbell**, California 9/23-25
- Part I: in **Salt Lake City**, Utah 9/23-25
- Part I: in **Portsmouth**, Virginia 9/23-25
- Part I: in **Haverhill**, Massachusetts 9/23-25

HAP has been abuzz this month with transition and conference preparations. We have significant changes in consultation coming down the pike (stay tuned, as these changes will first be announced on **Thursday August 25** at the **Faculty Meeting** at the **EMDRIA Conference**), a new system for tracking inventory in the HAP store, a new full-time employee coming on board later this month to assist with grants, some shuffling of job duties with current staff...

We thank you volunteers for your patience and understanding while we adjust to all this!

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Words To Live By:
George Harrison
(Singer-Songwriter, 1943-2001)

**"If you don't know where you're going,
any road will take you there."**

(Lewis Carroll first wrote this over 100 years ago but George sang it ever so nicely in his song "Any Road.")