



# Making It HAPpen

Volunteer Newsletter of the EMDR Humanitarian Assistance Programs

December saw HAP mostly in the Southern and Midwestern parts of the country. On December 2, in Charlotte, North Carolina, trainer **Lynda Ruf** delivered a Part I with facilitator **Janet Thornton**; red badge **Peggy Gale** was observed. That same weekend, we had a Part II in Tampa, Florida, with trainer **Reg Morrow** and trainer in-training **Carol Crow**, who were backed by facilitator **Wendy Krauss**; **Christine Bergman** handled logistics. HAP volunteers went marchin' in to New Orleans for a Part I: trainers **Sue Evans** and **Karen Alter-Reid** led a parade of facilitators **Jean Hawks**, **Barbara Korzun** and **Lori Nelson**, with **Charlene Spears** managing logistics.

On the 16th, trainer **E. C. Hurley** and facilitator **Gene Schwartz** brought a Part I training to Fort Belvoir, Virginia. In Inverness, Illinois, trainer **Roy Kiessling** and facilitator **Don deGraffenried** presented a Part I training.

December is often a fairly quiet month as we prepare for more trainings in January: we anticipate a dozen events in January 2012— a veritable blizzard!

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## Volunteer-Driven HAP Events

HAP is grateful for the volunteers who assist us with getting basic EMDR trainings at non-profits around the country. If you are interested in bringing basic Part I and II trainings to an agency in your neighborhood, please do the following:

- First, make sure that it is indeed a **non-profit agency, as HAP will only train mental health clinicians who work 30 hours or more at a non-profit.**
- **Contact us at HAP** so we can work on setting up a date, as there are numerous factors to consider, such as availability of volunteers, as well as the timing of other events in and around that location. We also like to contact EMDRIA regional coordinators, who can often tell us of potentially conflicting EMDR-related events in that area.

Our Training Coordinator **Jackie Michaud** will gladly assist you with this.

Together, we can make it HAPpen!

## Basic Training Consultations

As many of you probably already know, HAP is removing consultations from the training weekends: **however, HAP will continue to honor our commitment to the agencies that booked their events prior to these changes.** This includes a number of Part I trainings booked for early in 2012. For these events, three hours of consultation will be built into the weekend, and HAP will reach out to volunteer consultants who are willing to be linked with the agencies to provide the post-training consultation. As we actively phase in our new changes in the coming year, the three hours of consultation we used to embed with the training weekends will be removed, and HAP trainings will end an hour earlier each day. (That's one easy way to know if a training is part of the new system—it will end at 5pm on Friday and Saturday, and 4pm on Sunday.)

In the future, HAP will no longer connect trainees to volunteer consultants: instead, we will direct trainees to the HAP website, where we will have a list of HAP-affiliated consultants (who are either EMDRIA-approved or consultants in-training halfway through their consultation training) and to the EMDRIA website. Fees and scheduling will be negotiated between the consultant and the trainee. Trainees will have to arrange and pay for consultation on their own.

HAP will be reaching out to EMDRIA-approved consultants and consultants in-training, inviting them to enter their profile for our online directory; we will let volunteers know when this is up and running. We will also provide trainees with the “Find a Consultant” link on the EMDRIA website.

**We thank** the 16 HAP volunteers who provided post-training consultation to HAP trainees in December. While some of us were shopping for the holidays, these dedicated folks were busy doing consultations:



**Soozi Bolte, Wendy Buchanan, Michael D’Antonio, Karen Forte, Peggy Gale, Patty Giffin, Andrea Goldberg, Josie Juhasz, Farnsworth Lobenstine, Maria Masciandaro, Bonnie Mikelson, Rik Muroya, Merrill Powers, Herminia Shea-Martinez, Richard Smith and Jan Williams.**

We appreciate them taking time out from their schedules to bring effective consultation to new trainees. (And we hope they got all their shopping done!)

## Reimbursement Policy

In an effort to reduce paperwork and reimburse volunteers in a more expedient manner, HAP is no longer using the expense report forms. Instead, the volunteer coordinator will send an email to each training team member on the Monday or Tuesday following their event, and ask each team member to enter the amounts spent on travel and accommodations, as well as the number of days requested for the per diem. **Receipts must be scanned or faxed, not mailed**, as mailing the receipts increases the chances of the paperwork getting separated, thus slowing down the process. This email and the scanned (or faxed) documents will then go directly to **Linda Blackburn**, our accounting support person, who will process your request.

This will streamline the process and eliminate the mailing of forms and receipts, which has sometimes resulted in double payment.

Also, **expense requests must be submitted within 30 days of the event to ensure prompt payment**, as well as to help us keep our books accurate and up to date. If your receipts are sent with your travel and expense form, we will send your reimbursement within 30 days of receiving your paperwork.

If you wish to donate part or all of your reimbursement to HAP, you must enter this donation in the “T & E” email so that we have a formal record of your donation. We will then thank you and give you documentation for tax purposes.

We appreciate your assistance as we launch this new process.

**Volunteer Newsletter of  
the EMDR Humanitarian  
Assistance Programs**



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Here is a list of upcoming HAP trainings in the US:

- Part I: Dorothy Hersh Center in **New Brunswick**, NJ 1/13-15
- Part I: Sexual Assault Victim Adv. Cen. in **Loveland**, CO 1/13-15
- Part I: Chaddock in **Quincy**, IL 1/16-18
- Part II: US Army in **Fort Bragg**, NC 1/19-21
- Part I: YWCA in **San Diego**, CA 1/20-22
- Part I: Youth Services Bureau in **Tulare**, CA 1/20-22
- Part I: Carson Center in **Holyoke**, MA 1/20-22
- Part I: Phoenix Vet Center in **Mesa**, AZ 1/27-29
- Part II: Refuge Center in **Nashville**, TN 2/3-5
- Part II: Family Crisis Center in **Farmington**, NM 2/3-5
- Part I: Jewish Family and Child. Cen. In **Phoenix**, AZ 2/10-12
- Part I: Part II: Health/Ed. Services in **Haverhill**, MA 2/10-12
- Part II: Seven Counties Services in **Louisville**, KY 2/10-12
- Part II: MAHEC in **Asheville**, NC 2/10-12
- Part II: Community MH Clinic in **Iowa City**, IA 2/24-26
- Part I: Aspire Clinic in **Athens**, GA 2/24-26
- Part II: Boulder Institute for Psychotherapy and Research in **Boulder**, CO 3/9-11

Let's all work for more healing and true peace in 2012.

All the best,

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***Words To Live By:***  
**Martin Luther King, Jr.**  
**(American leader,**  
**1929-1968)**

“Darkness cannot drive out darkness;  
only light can do that.  
Hate cannot drive out hate;  
only love can do that.”