



# Making It HAPpen

Volunteer Newsletter of the EMDR Humanitarian Assistance Programs

We had a dozen trainings in January with eight trainings in eight days: what a way to start the New Year!

**Sue Curry** led a Part I in Sacramento, California with facilitator **Janice Lowe**, who did extra work when red badge **Merrill Powers** broke her foot on Day 2! Thanks, Janice!

Trainer **E. C. Hurley** and facilitators **Gene Schwartz** and **Roxann Hassett** held down the fort (pun intended) with a Part I in Fort Bragg, North Carolina. Two weeks later, E. C. and Gene delivered the Part II there with **A. J. Popky**.

**Lynda Ruf** ventured north out of Florida and brought a Part II training to Brooklyn, New York with trainer in-training **Karen Alter-Reid**, facilitator **Sheila Salama** and red badge **Andrea Goldberg**, who finished her training at this event. Great job, Andrea! Lynda then went to Edison, New Jersey, where she worked with facilitator **Betsy Prince** and **Maria Masciandaro**; red badge **Judy Cabeceiras** was observed.

In Loveland, Colorado, trainer **Janet Wright** and facilitator **Jan Schaad** managed a Part I training with red badge **Leanne Harper** observing. Trainer **Roy Kiessling** led a Part I in Quincy, Illinois, with assistance from facilitators **Don deGraffenried** and **Elaine Ortman**. Trainers **Robbie Adler-Tapia** and **Laurie Tetreault** brought a Part II to Reykjavik, Iceland (and also debunked the myth that Icelanders have over 100 words for snow).

In sunny California, trainer **Sue Evans** presented a Part I in San Diego with facilitators **Roger Ludwig** and **Lil Sideris**, while trainer **Sue Curry** and facilitator **Rachel Erwin** managed a Part I event in Sacramento after a facilitator was snowed in at home. The weather could not stop trainer **George Abbott** and facilitators **Denise Gelinas**, **Barbara Zellan** and **Mark Nickerson** from completing a Part I in Holyoke, Massachusetts, where red badge **Ted Olejnik** was observed and **Lori Butler** handled logistics.

The month ended in Mesa, Arizona with trainer **Carolyn Settle** leading a Part I with facilitators **Julie Stowasser** and **Soozi Bolte**; red badge **Peggy Gale** was observed.

A grand start of the new year for HAP, thanks to our volunteers!

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## HAP February Events

February is the month for honoring St. Valentine, but with all these trainings, who had time for amorous pursuits? The month began with a pair of Part II trainings. In Farmington, New Mexico, trainer **Peggy Moore** led a team with facilitators **Wendy Buchanan** and **Michael Galvin**; red badge **Kass Atkinson** was observed and became HAP's newest facilitator. Way to go, Kass! That same weekend, trainer **Deb Kennard** and trainer in-training **Karen Alter-Reid** worked with facilitators **Don deGraffenried** and **Barbara Korzun** in Nashville, Tennessee; read about their misHAP with Nashville's finest on the next page!

The second weekend brought four trainings. Part I trainer **Ana Gomez** joined facilitators **Leslie Brown** and **Lil Sideris** in Phoenix, Arizona. Trainer **Michael Keller** and trainer in-training **Karen Alter-Reid** worked together in Haverhill, Massachusetts with facilitator **Donna D'Aloia** and red badge **Ted Olejnik**, who became a facilitator here. Nicely done, Ted! In Louisville, Kentucky, trainer **Peggy Moore** and facilitator **Judith Daniel** and **Betsy Prince** delivered a Part II in Crestwood, Kentucky. Trainer **George Abbott** led a big Part II training in Asheville, North Carolina, where he was ably backed by facilitators **Farnsworth Lobenstine**, **Sandra Kremer**, **Don deGraffenried**, **Phoebe Kessler** and **Noreen Legare**. Red badge **Kate Berman** was observed here, too.

Trainer **Jack McCarthy** brought a HAP training and traumatology workshop to Lukasa, Zambia mid-month.

On the last weekend of February, HAP saw a trio of trainings. Trainer **Sue Curry** worked with facilitators **Katie O'Shea**, **Patty Giffin** and **Jan Schaad** in Boise, Idaho, where **Kathryn Montgomery** did logistics. Trainer **Roy Kiessling** flew to Iowa City, Iowa and was assisted by Iowan facilitators **Bonnie Mikelson** and **Susan Arland**. In Athens, Georgia, trainer **Carol Crow** and facilitator **Lori Nelson** deftly managed a Part I training.



**George Abbott** and **Don deGraffenried** left the snowy climes of New England for the snowy clime of North Carolina.



The girlsies in Boise: **Patty Giffin**, **Sue Curry**, **Jan Schaad** and **Katie O'Shea**.



Above, **Barbara Korzun, Don deGraffenried, Deb Kennard** and **Karen Alter-Reid** make an attractive team in Nashville.



Above, **AJ Popky, Gene Schwartz** and **E. C. Hurley** enjoy some camaraderie in Fort Bragg, North Carolina. AJ even demonstrated how to catch a fish with a modified BLS wand: does that sound fishy to you, too?



## HAP Snaps!

Below are the team and trainees in Haverhill, Massachusetts.

## MisHAPs and HAP Hazards!

Below, **Merrill Powers** follows doctor's orders after breaking her foot at a HAP training in Sacramento.

**Barbara Korzun** reacts while **Don deGraffenried** fixes a flat that occurred on the road to Nashville. Note how one of Nashville's finest protects **Karen Alter-Reid** and generously assists Don by shining some light on his labor.



# Bringing a HAP Training to Your Neighborhood

HAP is grateful for the volunteers who assist us with getting basic EMDR trainings at non-profits around the country. If you are working with an agency to sponsor an EMDR HAP Training Event, please be sure of the following:

- The agency who is interested in sponsoring an EMDR HAP training event is **a non-profit or public sector organization.**
- There are at least **18 eligible participants** who are licensed mental health clinicians who work **30 or more hours** per week in a **non profit or public sector agency.**

You may inform the agency that a HAP Training is held on site. The price for Part I is \$395 and Part II is \$395, for total of \$790 for each participant. No consultations are included, but ten hours are required to receive the Certificate of Completion. The agency contact should fill out an inquiry through HAP's website at [www.emdrhap.org](http://www.emdrhap.org)

If you are working with an agency, please do not confirm dates with the agency without conferring with HAP, as there are factors that we need to consider before finalizing a training date, such as current HAP training schedule, volunteer availability, and EMDRIA events in the area.

If you have any questions, you may contact Jackie Michaud, EMDR HAP's Training Coordinator at 203-288-4450 or [jmichaud@emdrhap.org](mailto:jmichaud@emdrhap.org). Thanks for your assistance with this!

## Basic Training Consultations

HAP has been phasing out consultations from the training weekends: **however, HAP will continue to honor our commitment to the agencies that booked their events prior to these changes.**

As we actively phase in our new changes, the three hours of consultation we used to embed with the training weekends are being removed, and these HAP trainings *without consultation* will end an hour earlier each day.

With these newer trainings, HAP will no longer connect trainees to volunteer consultants: instead, we will direct trainees to the HAP Consultant Directory on our website, where we have a list of HAP-affiliated consultants (who are either EMDRIA-approved or consultants in-training halfway through their consultation training) and to the EMDRIA website. Fees and scheduling are negotiated between the consultant and the trainee. Trainees now need to arrange and pay for consultation on their own. If you want to be listed in HAP's directory, log in to your existing account and follow the prompts to be listed in this directory.

Trainees will need to obtain an ID number; consultants will need this number to record their consultation time by logging into their volunteer account, following the prompts for "Consultant Activity" and "Record a Consultation." We appreciate your patience and assistance as we work our way through these changes!

**THANK YOU** to the 19 HAP volunteers who provided post-training consultation to HAP trainees in January and February:



**Christine Bergman, Kate Berman, Suzanne Borstein, Wendy Buchanan, Michael D'Antonio, David Eliscu, Peggy Gale, Jean Griffin, Leanne Harper, Roxann Hassett, Jean Hawks, Sarah Jenkins, Phoebe Kessler, Sandra Kremer, Farnsworth Lobenstine, Larry Nieters, Brenda Sawyer, Gary Scarborough and Jan Williams.**

We are fortunate to have these 19 dedicated volunteers and we appreciate them taking time out from their schedules to bring consultation to new trainees.

## **HAP's Reimbursement Policy**

- Please do not use the old Excel spreadsheet to submit expenses.
- Instead, reply to the Travel and Expense email that **Linda Blackburn** (HAP's accountant) will send you a few days before your assigned event.
- Receipts must be scanned or faxed, not mailed, as mailing the receipts increases the chances of the paperwork getting separated, thus slowing down the process.
- T&E requests must be submitted within 30 days of the event so we can send your reimbursement within 30 days of receiving your paperwork.
- If you wish to donate part or all of your reimbursement to HAP, you must enter this donation in the "T & E" email so that we have a formal record of your donation. We will then thank you and give you documentation for tax purposes. If you do not send in a T&E, we will not credit you with a donation. Please complete the brief paperwork required, as we cannot assume donations.

**Thank you!**

# AETR2N Gets Busy and Fires Up Phoenix!

**Sue Sugar** and **Beverlee Chasse** take a quick break from organizing their Arizona EMDR Trauma Recovery and Response Network in Phoenix. Below right, **Ann Warner** examines the writing on the wall at a recent AETR2N workshop.



HAP, the AETR2N and Sierra Tucson will sponsor a **Recent—Traumatic Episode Protocol (R-TEP)** training with **Elan Shapiro** and **Brurit Laub** on **April 28-29** in Scottsdale, Arizona. Details can be found at [www.aetr2n.net](http://www.aetr2n.net).

## HAP's Hope Starts New Chapter in Book of Life

**Hope Payson** will be leaving her position as Clinical Director of HAP as of June 1<sup>st</sup> to spend more time with her family. She will be helping to recruit and train her replacement.

"I have benefited greatly from my time with HAP," said Hope. "Working with and getting to know so many talented and compassionate clinicians is a highlight of my Social Work career. I plan to remain actively involved with the HAP mission as a volunteer."

We thank Hope for her unwavering dedication and commitment to HAP.

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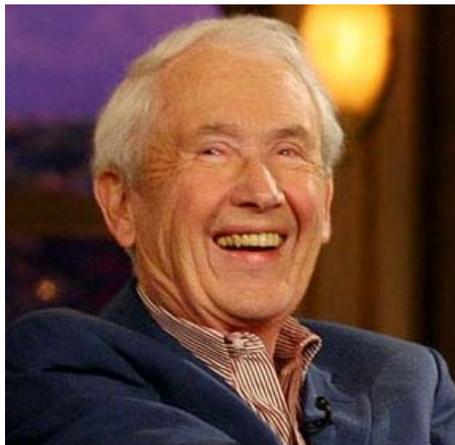
Here is a list of upcoming HAP trainings in the US:

- Part I: Vet Center in **Fairbanks** and **Anchorage**, AK 3/20-23 and 3/27-30
- Part II: WEAVE and SAGE in **San Francisco**, CA 3/23-25
- Part I: Jewish family Service in **Tucson**, AZ 3/23-25
- Part II: Tulane University in **New Orleans**, LA 3/23-25
- Part II: Crittenton/KC Play Therapy/KC Behavioral in **Kansas City**, MO 3/23-25
- Part II: Rape Recovery Center in **Salt Lake City**, UT 3/30-4/1
- Part I: Child and Youth Services in **Virginia Beach**, VA 3/30-4/1
- Part I: Family Connections in **Orange**, NJ 4/13-15
- Part I: La Clinica de la Raza in **Oakland**, CA 4/20-22
- Part I: Refuge Counseling Center in **Franklin**, TN 4/20-22
- Part II: Fremont Community Therapy in **Seattle**, WA 4/20-22
- Part I: River Counseling Center in **Clermont**, FL 4-20-22
- Part II: NH AG Office in **Plymouth**, NH 4/27-29
- Part I: Catholic Charities in **Dubuque**, IA 4/27-29

And a **Happy St. Patrick's Day** to you!  
Please save me a serving of corned beef.

Keep those Irish eyes smiling,

**Conrad Sienkiewicz**  
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***Words To Live By:***  
**Frank McCourt**  
**(Irish-American writer, 1930-2009)**

“You might be poor, your shoes might be broken, but your mind is a palace. It’s lovely to know that the world can’t interfere with the inside of your head.”