



Making It HAPpen

Volunteer Newsletter of the EMDR Humanitarian Assistance Programs

They say March comes in like a lion and goes out like a lamb. Whether your month was mild or wild, the HAP volunteers were as busy as bees with eight trainings!

On the weekend of March 9, **Deb Kennard** led a Part II in Boulder, Colorado with trainer in-training Janet Wright and facilitator **Lil Sideris**. Red badge **Larry Anderson** was observed at this event, too. That same weekend, trainer **Lynda Ruf** delivered a Part I in Arlington, Virginia with facilitators **Patty Giffin** and **Jean Sidley**.

We had four trainings on the weekend of March 23. In San Francisco, California, trainer **Priscilla Marquis** led a Part II training with facilitator **Rachel Erwin**. In Tucson, Arizona, trainer **Lynda Ruf** worked with facilitators **Raylah Etlantus** and **Michael Galvin** to deliver a Part I. In Kansas City, Missouri, trainer **Michael Keller** and facilitators **Sue "Birthday Girl" Thompson** and **Leslie Brown** presented a Part II training, with red badge **Gary Scarborough** being observed. In New Orleans, trainer **Deb Kennard** was paired with **Karen Alter-Reid**, who completed her Part II training there: way to go, Karen! Facilitators **Sue Evans**, **Jean Hawks** and **Barbara Korzun** volunteered at this training as well. (See related photo on page three.)

The month ended with trainer **Roy Kiessling** and trainer in-training **Janet Wright** deftly managing a Part II in Salt Lake City, while trainer **Carol Crow** and facilitator **Roxann Hassett** brought a Part I training to Virginia Beach, Virginia.

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**Celebrating
People in Action**

National Volunteer Week

April 15 - 21, 2012

April 15-21 is National Volunteer Week!

We salute the many **dedicated** and
generous HAP volunteers who:

- ♥ lead trainings and facilitate
- ♥ provide consultation to HAP trainees
- ♥ run logistics at our workshops
- ♥ are active in the Trauma Recovery Networks
- ♥ assist us in other ways to help us carry out our mission

HAP  OUR



Volunteering for HAP does not guarantee you will reach nirvana,
but it might bring you one step closer!

Three therapists walk into a
Buddhist monk ... sounds like
the opening of a joke, right?
But it actually happened in
New Orleans at a HAP event!
Deb Kennard, Sue Evans and
Karen Alter-Reid answer the
monk's question, "How much
does HAP pay you to deliver
this three day training?"



THANK YOU to the 11 (just shy of a dozen) HAP volunteers who
provided post-training consultation to HAP trainees in March:



**Kate Berman, Wendy Buchanan,
Michael D'Antonio, Judith Daniel, Don
deGraffenried, David Eliscu, Rachel Erwin,
Sandra Kremer, Farnsworth Lobenstine,
Barbara Meyer, and Gary Scarborough.**

If I had a box of a dozen donuts, I'd give one to each of you! We are fortunate
to have these 11 dedicated volunteers and we appreciate them taking time
out from their schedules to bring consultation to new trainees.

Bringing a HAP Training to Your Neighborhood

HAP is grateful for the volunteers who assist us with getting basic EMDR trainings at non-profits around the country. If you are working with an agency to sponsor an EMDR HAP Training Event, please be sure of the following:

- The agency who is interested in sponsoring an EMDR HAP training event is **a non-profit or public sector organization.**
- There are at least **18 eligible participants** who are licensed mental health clinicians who work **30 or more hours** per week in a **non profit or public sector agency.**

You may inform the agency that a HAP Training is held on site. The price for Part I is \$395 and Part II is \$395, for total of \$790 for each participant. No consultations are included, but ten hours are required to receive the Certificate of Completion. The agency contact should fill out an inquiry through HAP's website at www.emdrhap.org

If you are working with an agency, please do not confirm dates with the agency without conferring with HAP, as there are factors that we need to consider before finalizing a training date, such as current HAP training schedule, volunteer availability, and EMDRIA events in the area.

If you have any questions, you may contact Jackie Michaud, EMDR HAP's Training Coordinator at 203-288-4450 or jmichaud@emdrhap.org. Thanks for your assistance with this!

HAP's Reimbursement Policy

- Please do not use the old Excel spreadsheet to submit expenses.
- Instead, reply to the Travel and Expense email that **Linda Blackburn** (HAP's accountant) will send you a few days before your assigned event.
- Receipts must be scanned or faxed, not mailed, as mailing the receipts increases the chances of the paperwork getting separated, thus slowing down the process.
- T&E requests **must be submitted within 30 days of the event** so we can send your reimbursement within 30 days of receiving your paperwork.
- If you wish to donate part or all of your reimbursement to HAP, you must enter this donation in the "T & E" email so that we have a formal record of your donation. We will then thank you and give you documentation for tax purposes. If you do not send in a T&E, we will not credit you with a donation. Please complete the brief paperwork required, as we cannot assume donations.

Basic Training Consultations

HAP has phased out consultations from the training weekends: **however, HAP is continuing to honor our consultation commitment to the agencies that booked their events in 2011.**

The three hours of consultation we used to embed with the training weekends have been removed; HAP trainings *without consultation* now end an hour earlier each day.

Now that HAP is no longer offering consultations for new trainings, we are directing trainees to the HAP Consultant Directory on our website, which contains HAP-affiliated consultants (who are either EMDRIA-approved or consultants in-training halfway through their consultation training) and to the EMDRIA website. Trainees need to arrange and pay for consultation on their own. Fees and scheduling are negotiated between a consultant and the trainee. If you want to be listed in HAP's directory, log in to your existing volunteer account and follow the prompts to View/Edit Directory Information under "**Consultant Activity.**"

Except for the few remaining trainings that will receive consultations from HAP, consultants are now responsible for entering each participant's completed consultation hours directly into the HAP system (HAP staff no longer handles completed consultation information). Please do not email or fax consultation hours in to HAP.

In order for trainees to get credit for their consultation hours, trainees need to obtain an ID number, and give the ID number to their consultant – the ID number connects the trainees completed consultation hours to their training event (we recommend that you click on "**Download Consultation Worksheet**" so that you can capture each participant's trainee ID number, then you'll easily see if someone has not yet given you their ID number);

- To enter consultation hours, log into your volunteer account and follow the prompts for "**Consultant Activity**"
- To enter completed participant consultation hours, be sure you have each participant's Trainee ID number so that participant's consultation time can be recorded in the HAP system:
- Click on "**Record a Consultation.**"

How Trainees can obtain their ID number:

- Click on Training Services at top of home page at www.emdrhap.org
- Click on Trainee Records
- Follow the instructions – the Trainee ID will be emailed to the trainee

If you have any questions about reporting consultation hours for HAP participants, please email consultations@emdrhap.org.

**Volunteer Newsletter of
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Assistance Programs**



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Here is a list of upcoming HAP trainings in the US:

- Part I: La Clinica de la Raza in **Oakland**, CA 4/20-22
- Part I: Refuge Counseling Center in **Franklin**, TN 4/20-22
- Part II: Fremont Community Therapy in **Seattle**, WA 4/20-22
- Part I: River Counseling Center in **Clermont**, FL 4-20-22
- Part II: NH AG Office in **Plymouth**, NH 4/27-29
- Part I: Catholic Charities in **Dubuque**, IA 4/27-29
- R-TEP: AETR2N in **Scottsdale**, AZ 4/28-29
- Part II: YWCA in **San Diego**, CA 5/4-6
- Part I: Lee's Place in **Tallahassee**, FL 5/4-6
- Part II: Various Agencies in **Phoenix**, AZ 5/18-20
- Part II: Sexual Assault Victim Advocate Center in **Loveland**, CO 5/18-20
- Part I: Fairmont State University in **Fairmont**, WV 5/23-25
- Part II: Dept. of Human Service in **Arlington**, VA 6/1-3
- Part II: Carsen Center and Holyoke Medical Center in **Holyoke**, MA 6/8-10
- Part II: Chaddock in **Quincy**, IL 6/13-15
- Part I: Cumberland Heights in **Nashville**, TN 6/15-17
- Part II: Women's and Children's Alliance in **Boise**, ID 6/22-24

Happy Spring! Enjoy **National Volunteer Week**, and thank you for volunteering with HAP! Volunteers form the foundation of HAP: our achievements are a result of **you!**

Gratefully,

Conrad Sienkiewicz
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Words To Live By:
Helen Keller
(American activist, 1880-1968)

**“Although the world is full of suffering,
it is also full of the overcoming of it.”**
