



Making It HAPpen

Volunteer Newsletter of the EMDR Humanitarian Assistance Programs

HAP Events in April

We had four trainings on the weekend of April 20. In Seattle, trainer **Roy Kiessling** co-taught with trainer in-training **Alicia Outcalt** at a Part II. Trainer in-training **Katy Murray** did a set of pages there, too. Just to the south in Oakland, trainer **George Abbott** and facilitator **Elaine Soto** delivered a Part I in Oakland (in the photo below, George is standing in the back row center while Elaine is standing to the far left). On the other side of the country, in Franklin, Tennessee, trainer **Deb Kennard** was ably assisted by facilitators **Patty Giffin** and **Don deGraffenried**; facilitator in-training **Gary Scarborough** was observed and became a facilitator. Way to go, Gary! South in Clermont, Florida, trainer **Reg Morrow** and facilitators **Wendy Krauss** and **Earl Grey** teamed up for a Part I, where facilitator in-training **Cherilyn Rowland Petrie** observed.

On the weekend of April 27, **Jack McCarthy** and facilitator **Hope Payson** managed a Part II in Waterville Valley, New Hampshire. In Dubuque, trainer **Sue Evans** led a Part I with a trio of facilitators: **Bonnie Mikelson**, **Sue Thompson** and **Larry Anderson**. (See photo below.)

On April 28, **Elan Shapiro** and **Brurit Laub** introduced R-TEP to almost 90 clinicians in Scottsdale, with assistance from **Maria Masciandaro** and **Betsy Prince**. **Nezhat Edalatian**, **Ana Gomez**, **Carol Kibbee**, **Beverlee Laidlaw-Chasse**, **Debra Onsager**, **Katie O'Shea** and **Susan Sugar**, and all became R-TEP presenters at this event. Kudos to Bev for her work in organizing this event with the Arizona EMDR Trauma Recovery and Response Network!

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Bonnie, Sue E, Larry and Sue T



HAP Events in May

April showers brought May flowers, while HAP volunteers brought EMDR to budding clinicians all across the country. On May 4, trainer **Peggy Moore**, trainer in-training **Alicia Outcalt** and facilitator **Lil Sideris** worked a Part II in San Diego. That same weekend in Tallahassee, trainer **Carol Crow** deftly managed a Part I event solo.

On May 18, trainer **Deb Kennard**, trainer in-training **Janet Wright** and facilitator **Michael Galvin** taught a Part II in romantic Loveland, Colorado. Facilitator in-training **Leanne Harper** observed, too. Janet completed her trainer training here; excellent work, Janet! In Phoenix, trainer **Robbie Adler-Tapia** presented a prodigious Part II with facilitators **Sue Thompson** (who also handled logistics with **Jan Williams**), **Susan Brown**, **Leslie Brown**, **Larry Nieters** and **Jan Schaad**. Facilitator in-training **Julie Miller** observed this event, while **Nezhat Edalatian** was observed and completed her training; nice work, Nezhat! The Phoenix team even sent me pictures of their nocturnal scorpion search, but I will spare the squeamish among us by not publishing the photos.

The following week, trainer **Roy Kiessling** and facilitator **Patti Giffin** brought EMDR to Fairmont, West Virginia.

In the photo below on the left, that's **Jack McCarthy** in the back row far right, with **Hope Payson** standing second from the left. In the photo on the right, **Nancy Errebo** (in a blue blouse) sits surrounded by trainees in Anchorage.



HAP  OUR



Boise trainees with **Jan Schaad** kneeling center with glasses, **Patty Giffin** kneeling far right in purple, **Sue Curry** standing far right in white sweater, and **Katie O'Shea** standing in the back row far right in black.



Quincy I trainees with **Roy Kiessling** back row far right, and **Don deGraffenried** sitting front row far right.



Quincy II trainees with **Roy Kiessling** front row center, and **Judith Daniel** sitting on Roy's right.



Help HAP HEAT Up the Park!

Support HAP—and Help Educate About Trauma—by attending a minor league baseball game in New Britain (CT) on Saturday June 30. Live too far to attend? Consider making a \$10 donation so a needy kid can see the game for free.

Find details at www.emdrhap.org or contact **Abygale Lund**, HAP's Development Coordinator at alund@emdrhap.org.

HAP is busy preparing for the 2012 EMDRIA Conference in Arlington, Virginia, and we hope we see you at the HAP booth. We anticipate a fun-filled HAP Dance on Friday night, as well as an informative faculty meeting. As soon as we have the details on the times and locations of these and other events, we will send out a special email to you.



HAP Keeps Trainees Connected

In an effort to keep new HAP trainees connected to both HAP and the community of clinicians treating trauma, HAP has launched a newsletter called **The HAP Connector**. This electronic newsletter will be sent to new HAP trainees and will include useful information such as tips they can use on their clinical practice and information on upcoming trauma-related workshops. We could use your help in making this an effective newsletter:

- **With every issue, we would like to include an article for the clinical corner.** If you have an article that you would like to give us for publication in the newsletter, please send it to us (preferably as a PDF).
- **We also want to publicize trauma-related workshops that might be of interest to new trainees.** If you are presenting or sponsoring such a workshop, please let us know, so we can include details and links in this newsletter.

If you would like to contribute an article or submit a workshop listing, please contact **Abygale Lund**, HAP's Development Coordinator, at alund@emdrhap.org, and she will gladly assist you with this.

Help us help trainees stay connected and improve their practice!

HAP's New Clinical Director



HAP is pleased to welcome **Nancy Simons** as our new Clinical Director. Nancy is a Licensed Mental Health Clinician and certified EMDR therapist who has a private practice in Amherst, Massachusetts, where she works with children and adolescents (this experience will no doubt come in handy as she begins to address the puerile behaviors HAP office mates Conrad and Jackie). She graduated from Tufts University and did her graduate work in Clinical Psychology at Antioch College in New Hampshire. Nancy is very interested in science and devours the science section of the New York Times every Tuesday; no surprise that she was drawn to the scientific aspects of EMDR, as well.

When not working, Nancy enjoys spending time with her two sons and her dog, a 15 year old Newfoundland/Labrador mix. Nancy spends a good deal of time outdoors hiking and kayaking. She also dances and has a yoga practice, too.

As HAP's primary clinician, Nancy assists in the coordination of training curriculum and volunteer staff development. She also works with the expansion of Trauma Recovery Networks (TRNs) and can answer questions about participant eligibility for HAP trainings. Nancy works a sixteen hour week at HAP and spends the rest of her work time in her private practice, where she specializes in the treatment of trauma with children and adolescents. She can be reached via phone at the HAP office between the hours of 8:00 am and 3:30 pm on Wednesdays, and can also respond to emails Tuesday through Thursday. We are HAPpy to have Nancy on board!

THANK YOU to the 15 HAP volunteers who provided post-training consultation to HAP trainees in April and May:



Susan Arland, Leslie Brown, Wendy Buchanan, Michael D'Antonio, Judith Daniel, Peggy Gale, Leanne Harper, Jean Hawks, Barbara Korzun, Farnsworth Lobenstine, Bonnie Mikelson, Rik Muroya, Gary Scarborough, Sue Thompson and Rosemary Wrzos.

These flowers are for you! We appreciate you taking time out from your schedules to bring consultation to new trainees.

Basic Training Consultation Changes

Now that HAP is no longer offering consultations for new trainings, we are directing trainees to the HAP Consultant Directory on our website, which contains HAP-affiliated consultants (who are either EMDRIA-approved or consultants in-training, halfway through their consultation training) and to the EMDRIA website.

HAP recommends each participant complete a minimum of 4 consultation hours or a maximum of 6 consultation hours before attending a Part II Training.

After a Part II Training, each participant must complete the remaining 4 or 6 consultation hours – for a total of 10 consultation hours – which is an EMDR Basic Training requirement.

Trainees need to arrange and pay for consultation on their own. Fees and scheduling are negotiated between a consultant and trainee.

Consultants are now responsible for entering each participant's completed consultation hours directly into the HAP system (HAP staff no longer handles completed consultation information). Please enter consultation hours as they are completed. HAP will calculate how many total hours each consultee has completed. Please do not email or fax consultation hours in to HAP.

In order for trainees to get credit for their consultation hours, and for consultants on the HAP Directory to be able to enter the completed consultation hours, trainees need to give their ID number to their consultant – the ID number connects the trainee's completed consultation hours to their training event.

If you have registered on the HAP Consultant Directory, we recommend that you click on “**Download Consultation Worksheet**” so that you can capture each participant's trainee ID number. The worksheet is also a good way to track the consultation hours you've conducted.

- Log into your volunteer account and follow the prompts for “**Consultant Activity**”
- To enter completed participant consultation hours, be sure you have each participant's Trainee ID number so that participant's consultation time can be recorded in the HAP system
- Click on “**Record a Consultation.**”

If a consultee does not have a Trainee ID Number (or if they forgot their ID number), here is how they can get it:

- Click on Training Services at top of home page at www.emdrhap.org
- Click on Trainee Records
- Follow the instructions – the Trainee ID will be emailed to the trainee

If you have any questions about reporting consultation hours for HAP participants, please email our Consultation Coordinator Rosemary Gelbach at consultations@emdrhap.org.

Getting Listed on HAP's Consultant Directory

Any HAP volunteer who has attended a HAP training and is an EMDRIA-approved consultant (or a consultant in-training who has completed at least 10 out of 20 hours of consultant training), is invited to log into your HAP volunteer account and register in the directory; this directory will be accessed by HAP trainees.

You already have a HAP account if you are an active HAP volunteer who has been assigned to a HAP event. To log in to your volunteer account, just go to www.emdrhap.org and put your mouse over the link at the top of the page that reads "Volunteers." You will then see a drop down window with several options: choose "Login to Your Existing Account." (If you have forgotten your user name and password, you can follow the link to request them. **Please do not create a new account**, as this will lead to an unnecessary duplicate.)

Once you are in your account, you will see at the top:

Quick Links

[Assigned Projects](#) [Assigned Events](#) [Account Information](#) [Consultant Activity](#)

Click "Consultant Activity," which will bring you to the bottom of the page. If this is your first visit, it will read:

Consultant Activity

You are not currently registered as a consultant. If you are an EMDRIA-certified consultant or consultant in training you may [register as a consultant](#) to be listed in our [directory](#).

Please click "Register as a Consultant." This will bring you to a "Consultant Memorandum of Understanding." Please read it, and if you agree to the terms, please click the button "I Agree to the Consultant Memo of Understanding."

This will take you to a new window, where you will:

- ◆ indicate your consultant status (EMDRRIA-approved consultant or consultant in-training)
- ◆ note whether you have attended a HAP training event (we ask that consultants attend a HAP event to familiarize themselves with the training their HAP consultees have received)
- ◆ choose types of consultation offered (individual, group or both)
- ◆ choose medium of consultation (in-person, phone and/or Skype)

You should also indicate your area(s) of specialty, language(s) spoken, website (if you have one) and your preferred phone number.

Once you enter this information, your status is pending until the volunteer coordinator reviews your responses. If your credentials are current (including your EMDRIA status), the volunteer coordinator will make you an active consultant on our online directory. If your credentials are not current, we will contact you and assist you with completing the process.

Consultants in-training will be asked to download a simple one-page form to complete so we can confirm their status with their consultant before they are made active in our directory.

Once you are an active consultant, our system will let you view your consultant activity, which includes:

- ◆ the ability to download a consultation worksheet (to track the hours of a consultee with their trainee ID number)
- ◆ record a consultation
- ◆ view past consultations
- ◆ view or edit directory information.

Please keep in mind that while you may work with groups that contain non-HAP trainees, you can only use this system to record the hours of HAP trainees.

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Assistance Programs**



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Here is a list of upcoming HAP trainings in the US:

- Part I: Yellowstone Behavioral Health Center in **Cody, WY** 6/22-24
- Part II: Women's and Children's Alliance in **Boise, ID** 6/22-24
- Part I: Youth Evaluation and Treatment Center in **Phoenix, AZ** 6/22-24
- Part II: Turning Points Foundation in **Tucson, AZ** 6/29-7/1
- Part II: Aspire Clinic in **Athens, GA** 6/29-7/1
- Part I: US Army Family Life Chaplain Training Center in **Fort Benning, GA** 6/29-7/1
- Part II: River Counseling Center in **Clermont, FL** 7/13-15
- Part II: Safe From the Start in **Inverness, IL** 7/13-15
- Part I: Lee's Place in **Tallahassee, FL** 5/4-6
- Part II: City of Virginia Beach Child and Youth Services in **Virginia Beach, VA** 7/13-15
- Part I: Family and Children's Place in **Louisville, KY** 7/13-15
- Part I: Wyoming Girls School in **Sheridan, WY** 7/27-29

Spring has surely sprung! The flowers pictured in this newsletter are from my yard; if you are proud of any blooms in your garden, I'd love to see your pictures.

Thanks for sowing the seeds of healing by volunteering with HAP!

Perennially yours,

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Words To Live By:
Chinese Proverb

“When you have only two pennies left in the world, buy a loaf of bread with one, and a lily with the other.”