



Making It HAPpen

Volunteer Newsletter of the EMDR Humanitarian Assistance Programs

The Volunteers of Summer

November 2, 2012

Volume 5, Issue 1

It's been a while since we published a volunteer newsletter, so here is a fast summary of the summer volunteers.

JUNE: Arlington VA II—Trainer **Lynda Ruf**, and facilitators **Maria Masciandaro** and **Betsy Prince**. Monroe LA I—Trainer **Michael Keller** and facilitator **Gary Scarborough**. Holyoke MA II—Trainer **George Abbott**, facilitators **Ted Olejnik** and **Joanne Twombly**, and facilitators in-training **Steph Drieze** and **Judy Cabeceiras**; congratulations to Judy for becoming a facilitator!

Quincy IL II—Trainer **Roy Kiessling** and facilitator **Judith Daniel**. Nashville TN I—Trainer **Deb Kennard** and facilitators **Doug Cybela**, **Sandra Kremer**, **Larry Anderson** and **Janet Thornton**.

Oakland CA I—Trainer **Sue Curry** and facilitator **Janice Lowe**. Cody WY I—Trainer **Katy Murray** and facilitator **Josie Juhasz**. Boise ID II—Trainer **Michael Keller** and facilitators **Katie O'Shea** and **Patty Giffin**. Phoenix AZ I—Trainer **Carolyn Settle**, facilitator **Nezhat Edalatian** and facilitators in-training **Sandy Poupenny** and **Julie Miller**.

Tucson AZ II—Trainer **Lynda Ruf**, facilitator **Kass Atkinson**, and facilitator in-training **Julie Miller**; congratulations to Julie for becoming a facilitator! Athens GA II—Trainer **Roy Kiessling** and trainer in-training **Carol Crow**: congratulations to Carol for becoming a full trainer! Fort Benning GA I—Trainer **E. C. Hurley** and facilitator **Gene Schwartz**.

JULY: Clermont FL I - Trainer **Lynda Ruf**, facilitator **David Ogren**, facilitator in-training **Cherilyn Rowland-Petrie** and logistics **Pam Ford**. Inverness IL II—Trainer **Janet Wright**. Virginia Beach VA II—Trainer **Carol Crow** and facilitator **Frankie Klaff**. Louisville KY I—Trainer **Roy Kiessling** and facilitator **Ted Olejnik**. Sheridan WY I—Trainer **Janet Wright**, facilitator **Jan Schaad**, facilitator in-training **Leanne Harper**, and logistics **Deb Sprague**.

AUGUST: Kansas City MO I—Trainer **Michael Keller** and facilitators **Larry Nieters**, **Gary Scarborough** and **Michael Galvin**. Fairfield CT I—Trainer **Ana Gomez**, trainer in-training **Don deGraffenried**, facilitators **Karen Alter-Reid**, **LouAnn Baylock**, **Sandra Berna**, **Roxann Hassett** and **Farns Lobenstine**; facilitators in-training **Susan Marcus**, **Lynn Persson** and **Kate Wheeler**. Franklin TN II—Trainer **Deb Kennard** and facilitators **Andrea Goldberg**, **Frankie Klaff** and **Elaine Soto**. Charlotte NC I—Trainer **Lynda Ruf**, trainer in-training **Betsy Prince**, and facilitator **Sandra Kremer**.

HAP Events in September

September: Tulare CA II—Trainer **Rosalie Thomas**, trainer in-training **Katy Murray** and facilitator **Josie Juhasz** (see pictures below). Loveland CO I—Trainer **Janet Wright**, facilitator **Jan Schaad**, facilitator in-training **Leanne Harper**, and logistics **Flo Holt**. San Francisco CA II—Trainer **Peggy Moore** and facilitators **Katie O'Shea** and **Raylah Etlantus**.

Watertown NY I—Trainer **Roy Kiessling**, trainer in-training **Don deGraffenried**, facilitator **Ted Olejnik** and facilitator in-training **David Eliscu**. Bartow FL I—Trainer **Carol Crow**, trainer in-training **Jean Hawks** and facilitator **Wendy Krauss**. Fort Benning GA II—Trainer **E. C. Hurley** and facilitator **Gene Schwartz**. Minneapolis MN Combat Trauma Workshop—Presenter **Howard Lipke**. Baltimore MD I—Trainers **Zona Scheiner** and **Bennet Wolper**.

Edison NJ II—Trainer **Lynda Ruf** and facilitators **Peggy Gale** and **Sheila Salama**. Wauseon OH I—Trainer **Deb Kennard**, trainer in-training **Bonnie Mikelson**, facilitator **Suzi Carson** and facilitators in-training **Joan Freeman** and **Gretchen Leu**. Huntingtown MD I—Trainer **Karen Alter-Reid**, trainer in-training **Mark Nickerson**, and facilitators in-training **Kate Wheeler** and **Kate Berman**; congratulations to **Kate Berman** for becoming a facilitator!

Below, **Katy Murray**, **Rosalie Thomas** and **Josie Juhasz** enjoy mint lifesavers by the pool in Tulare.



HAP volunteers are life savers; get it?

HAP's Newest Trainers in-Training

Dr. Francine Shapiro welcomed two new classes of trainers in-training this summer at Sea Ranch. In August, she met with **Don deGraffenried**, **Mark Nickerson**, **Betsy Prince**, **Andrew Seubert**, **Jean Hawks** and **Patty Giffin**. In September, the class included **Rachel Erwin**, **Bonnie Mikelson**, **Jan Schaad** and **Richard Smith**.

Congratulations to all these trainers in-training! We appreciate your commitment to HAP.

HAP Snaps from the EMDRIA Conference



The Ladies at the HAP booth! From top left going clockwise, **Jackie Michaud** (Training Coordinator), **Nancy Simons** (Clinical Director), **Abby Lund** (Development Coordinator), **Elaine Howard** (Office Manager), and **Linda Blackburn** (Accountant).



Nancy Simons and Karen Alter-Reid...
or is it Karen and Nancy?



West coast meets east coast:
Rachel Erwin and Sheila Salama.



Above, **Patty Giffin and Gina Rubini.**

At right, **Mark Doherty and Peggy Moore.**
You look *marvelous* in your HAP cap, Peggy!



More HAP Snaps from the EMDRIA Conference



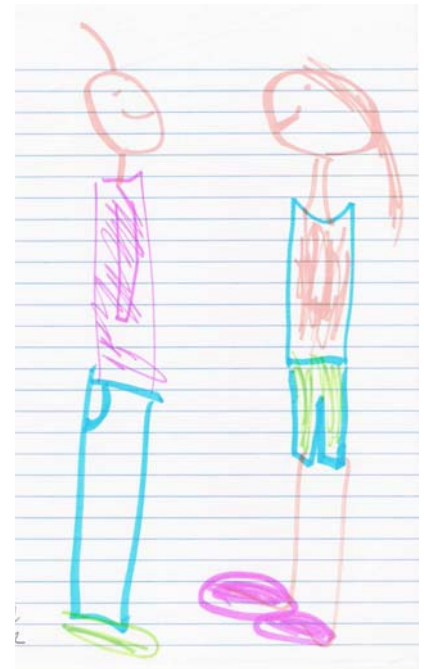
Above, **Rachel Erwin** and **Lynda Ruf** tag team and deliver an idea worth pondering to **Conrad Sienkiewicz** (HAP Volunteer Coordinator).



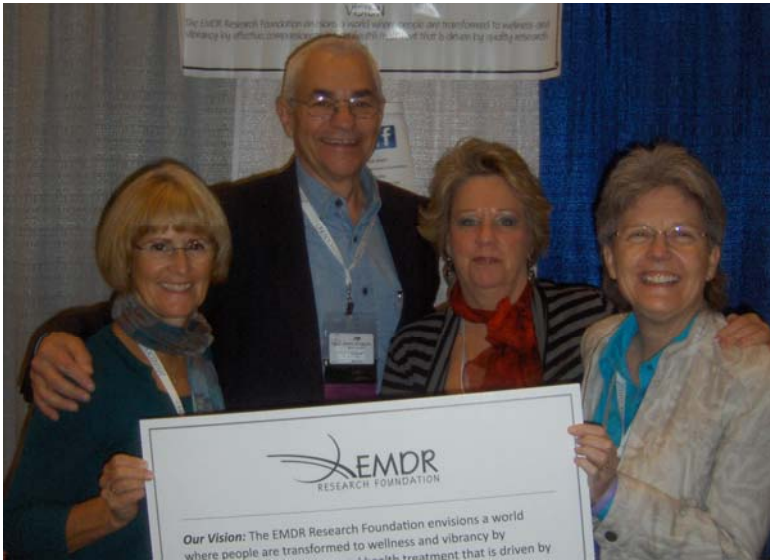
HAP reunites old college roommates **Josie Juhasz** and **Nancy Simons**.



Above, **Suad Mitwali** and Snyder Award recipient **Mona Zaghrou** with **Peggy Moore**.



Conrad Sienkiewicz talks to a volunteer (picture by his six year old daughter Caroline).



Above, **Rosalie Thomas, Jim Gach, Wendy Freitag and Katy Murray** at the EMDR Research Foundation booth.



At left, **Robbie Adler-Tapia, Sue Thompson and Jamie Zabukovec** are ready to party at the HAP Dance! Nice headwear, ladies!

Below, we spotted some funky feet on and off the dance floor!

If you would like to share some pictures from the conference, please send them to conrads@emdrhap.org, and perhaps I'll print them in a future newsletter.



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the EMDR Humanitarian
Assistance Programs**



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In the June newsletter, I failed to note that on May 6 in San Diego, **Ana Gomez** became a HAP Part I trainer.

Way to go, Ana!

She also became a wife over the summer.

Congratulations all around, Ana!

Go with that!



**Remember to vote on
November 6!**



Enjoy these cool days,

Conrad Sienkiewicz
Volunteer Coordinator
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Words To Live By:
**Miles Davis (American jazz
musician, 1926-1991)**

**“Do not fear mistakes.
There are none.”**

