



Making It HAPpen

Volunteer Newsletter of the EMDR Humanitarian Assistance Programs

HAP Events in October

October was a tricky month for scheduling with the EMDRIA Conference on our calendar, but we nonetheless had many “boos and ghouls” volunteering for our training events! Right after the conference, in Seattle, trainer **Rosalie Thomas** and co-trainer **Jan Schaad** magnificently managed a Part I. Over in Cody, Wyoming, trainer **Janet Wright** and facilitator **Nezhat Edalatian** terrifically taught a Part I.

On the weekend of October 19, trainer **Sue Evans** worked with a wonderful Part I team in Minneapolis: local facilitators **Larry Anderson** and **Jill Strunk** and facilitators in-training **Elaine Wynne** and **Jenn Jones**. In Oakland, trainers **Priscilla Marquis** and **Cynthia Kong** deftly delivered a Part II. Way south in Tallahassee, trainer **Carol Crow** and facilitator **Lori Nelson** properly presented a Part II.

On October 24, trainer **Roy Kiessling** and facilitator **Earl Grey** beautifully brought a Part II training to Fairmont, West Virginia. HAP ended the month with an R-TEP workshop in Stamford, Connecticut, with presenters **Maria Masciandaro** and **Betsy Prince**, who then hurried home to New Jersey to brace themselves for Hurricane Sandy. HAP hopes that all our east coast volunteers have managed through the mess that Sandy created.

November 15, 2012

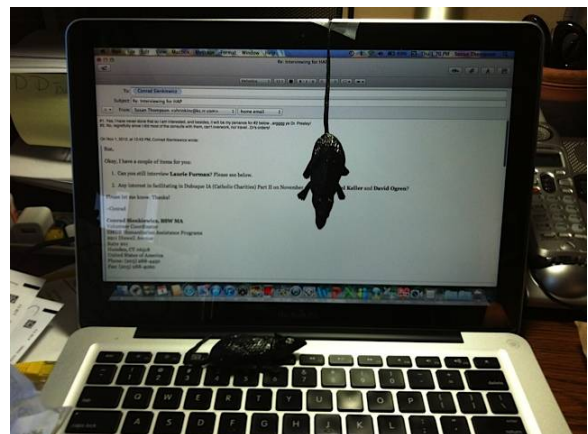
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From left, **Maria Masciandaro** and **Betsy Prince** with **Karen Alter-Reid**, the Stamford CT TRN coordinator who organized this workshop.



Sue Thompson sent in this picture of her computer on Halloween. Odd, because most computers have only one mouse...

HAP Keeps Trainees Connected

In an effort to keep new HAP trainees connected to both HAP and the community of clinicians treating trauma, HAP has launched a newsletter called **The HAP Connector**. This electronic newsletter will be sent out seasonally to new HAP trainees and agency representatives, and will include useful information such as tips they can use on their clinical practice and information on upcoming trauma-related workshops. We could use your help in making this an effective newsletter:

- **With every issue, we would like to include an article for the clinical corner.** If you have an article that you would like to give us for publication in the newsletter, please send it to us (preferably as a PDF).
- **We also want to publicize trauma-related workshops that might be of interest to new trainees.** If you are presenting or sponsoring such a workshop, please let us know, so we can include details and links in this newsletter.

If you would like to contribute an article or submit a workshop listing, please contact **Abygale Lund**, HAP's Development Coordinator, at alund@emdrhap.org, and she will gladly assist you with this.

Help us help trainees stay connected and improve their practice!

HAP's Traumatology & Stabilization Workshop

HAP has recently revised the Traumatology & Stabilization workshop, a one-day event that defines trauma and how it affects people. The goals are to help participants recognize the signs and symptoms of trauma in adults and children, gain a basic understanding of the psychology of trauma, and learn psychological self-care techniques and how to teach them. It is open to non-clinicians as well, such as case managers, teachers, etc..

If you would like to become a presenter of this workshop, please contact the Volunteer Coordinator **Conrad Sienkiewicz** at conrads@emdrhap.org for details and an application.

For information on how to get this workshop in your agency, please contact our Training Coordinator **Jackie Michaud** at jmichaud@emdrhap.org.

HAP  OUR



HAP Snap from Fairfield CT



This is a nice HAP snapshot of the Part I team from Fairfield CT, held in August. Going clockwise around the table, starting at the left, that's **Ana Gomez, Farns Lobenstine, Sandra Berna, Don deGraffenried, Kate Wheeler, Karen Alter-Reid, Roxann Hassett, Susan Marcus, Lynn Persson and LouAnn Baylock .**



Got any good photos from the EMDRIA Conference?

If so, please send them to conrads@emdrhap.org, and perhaps they might be published in a future newsletter.



THANK YOU to the five HAP volunteers who provided post-training consultation to HAP trainees in June and July:



Michael D'Antonio, Sarah Jenkins, Rik Muroya, Gary Scarborough, and Jan Williams.

These are likely the last consultations that HAP coordinated, as we have a new system where trainees contact consultants directly via our online consultant directory.

If you would like details on being listed in this directory, please contact the volunteer coordinator at conrads@emdrhap.org.



In the last newsletter, I incorrectly noted that **Ana Gomez** became a Part I trainer in May 2012. Ana has been a Part I trainer since September Of 2009, and is currently working towards becoming a Part II trainer.

The news about her wedding was totally correct.

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Here is a list of upcoming HAP trainings in the US:

- Part II: Catholic Charities in **Dubuque**, IA 11/30
- Part I: HAP in **Hamden**, CT 11/30
- Part I: South Iowa Mental Health Center in **Ottumwa**, IA 12/2
- Part I: The Village in **Hartford**, CT 12/10
- Part I: Rollins College in **Winter Park**, FL 1/4
- Part II: Colorado Christian University in **Loveland**, CO 1/4
- Part II: Fairfield University in **Fairfield**, CT 1/4
- Part II: Fremont Community Therapy in **Seattle**, WA 1/11
- Part II: Avila University in **Kansas City**, MO 1/11
- Part II: Granberry Counseling Center in **Monroe**, LA 1/11
- Part II: Youth ETC in **Phoenix**, AZ 1/18
- Part I: Olive Crest in **Bellflower**, CA 2/1
- Part I: MARC Center in **Mesa**, AZ 2/1
- Part I: Community Counseling Center in **Las Vegas**, NV 2/15
- Part II: HAP in **Minneapolis**, MN 2/22

This is a great time of year to hit the hiking trails. On a recent trek with my daughter Caroline, we counted the rings in a fallen tree, examined the remnants of an abandoned wasp nest, explored a small cave and enjoyed lunch where (legend has it) Tories used to secretly gather during the Revolution.

Take time to take in the season's beauty!

Autumnally yours,

Conrad Sienkiewicz
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Words To Live By:
Antonio Machado
(Spanish poet, 1875-1939)

**“Travelers, there is no path,
paths are made by walking.”**