Since 2010, we have trained nearly 20,000 people worldwide, who have gone on to provide the hope of healing to thousands more.

Since 2010 we have trained in the following states:

Alabama
Alaska
Arizona
Arkansas
California
Colorado
Connecticut
District of Columbia
Florida
Georgia
Idaho
Illinois
Indiana
Iowa
Kansas
Kentucky
Louisiana
Maine
Maryland
Massachusetts
Michigan
Minnesota
Mississippi
Missouri
Montana
Nebraska
Nevada
New Hampshire
New Jersey
New Mexico
New York
North Carolina
North Dakota
Ohio
Oklahoma
Oregon
Pennsylvania
Rhode Island
South Dakota
Tennessee
Texas
Utah
Vermont
Virginia
Washington
West Virginia
Wisconsin
Wyoming

We have trained and/or collaborated on projects in the following countries:

Algeria
Canada
China
Egypt
Ethiopia
Haiti
Iceland
India
Indonesia
Jordan
Kenya
Lebanon
Liberia
Nepal
Palestine
Philippines
Russia
Saudi Arabia
Sri Lanka
Sudan
Tanzania
Thailand
Turkey
Uganda
Zambia

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What is EMDR therapy?

EMDR stands for Eye Movement Desensitization and Reprocessing. EMDR is an evidence-based therapy developed by Francine Shapiro, Ph.D and has been endorsed by The Substance Abuse and Mental Health Services Administration (SAMHSA), the Department of Defense, World Health Organization (WHO), the Menninger Clinic and many other organizations. EMDR therapy is especially effective in treating the affects of trauma and a broad range of mental health concerns, in both outpatient and inpatient health settings.

Who We Are & What We Do

Trauma Recovery, EMDR Humanitarian Assistance Programs is a nonprofit agency that seeks to increase the capacity for effective treatment of psychological trauma for underserved populations. We provide lowcost training workshops in EMDR therapy to mental health providers working in nonprofit and public agency settings.

In our 20 year history, Trauma Recovery/HAP has also provided direct recovery assistance to communities impacted by natural disasters. The typhoon in the Philippines, earthquake in Nepal, Arizona wildfires, Hurricane Sandy and the tornadoes in Missouri and Alabama are just a few of the recent natural disasters where our volunteers have responded. We have also assisted in recovery efforts after the Boston Marathon Bombing, the tragic school shooting at Virginia Tech and Sandy Hook Elementary in CT, and the mass shooting in Orlando. Our Trauma Recovery Network volunteers are passionate clinicians who become proficient at emergency response and recovery methods and collaborate with local response organizations in their communities.

How You Can Get Started

There are many ways to get involved.

Volunteer
Donate
Attend a Training
Host a Training

Please visit our website www.emdrhap.org

You can also contact our office if your agency is interested in sponsoring an EMDR therapy training to be held at your setting.

Please contact (203)288-4450 for more information.