# **Expectations**

As a facilitator, you will be contacted by Trauma Recovery/HAP, generally via email, when training events are scheduled. To the extent possible, Trauma Recovery/HAP assigns facilitators to events close to their geographic area. You are not required to say "yes" to each opportunity, but we do ask that you facilitate at least once or twice a year if possible. This is important to maintain your skills.

You will receive all the information you need to schedule your travel plans for the training event. Trauma Recovery/HAP reimburses your travel expenditures, and provides a per diem allowance for meals and incidentals.

(Trauma Recovery/HAP can create an Egencia account for you so that your airfare is automatically billed to Trauma Recovery/HAP, but you can still gain frequent flyer credits.) We will reimburse your expenses within 30 days of receiving your request for payment.

After you have facilitated at several training events and gained experience, Trauma Recovery/HAP may ask you to participate in training new facilitators. You may be asked to interview an applicant or act as a mentor. You may also be asked to allow a facilitator intraining to shadow you, or to observe a facilitator in-training who aspires to become a new facilitator.

All of these opportunities, in addition to contributing to the fulfillment of Trauma Recovery/HAP's mission, will provide you with a sense of fulfillment and a deeper understanding of EMDR therapy.



### TRAUMA RECOVERY

**EMDR Humanitarian Assistance Programs** 

2911 Dixwell Avenue, Suite 201 Hamden, CT 06518 Phone: 203-288-4450 Fax: 203-288-4060

# **Facilitators**

## TRAUMA RECOVERY

**EMDR Humanitarian Assistance Programs** 

Our mission is to build capacity for effective treatment of traumatic stress disorders in underserved communities anywhere in the world.



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# Become a TRAUMA RECOVERY/HAP Facilitator

# Why?

Trauma Recovery/HAP facilitators report that being a facilitator is a highly rewarding professional experience. Many say that being a member of the Trauma Recovery/HAP training team has deepened and enriched their own understanding of EMDR therapy.

Thousands of clinicians who attend Trauma Recovery/HAP EMDR Part I and Part II training events each year benefit from the professional expertise and personal warmth contributed by each facilitator.

Trauma Recovery/HAP facilitators say that being part of the Trauma Recovery/HAP training faculty is a very satisfying way to volunteer for Trauma Recovery/HAP. Bringing EMDR therapy training to clinicians who work in non-profit settings, in underserved communities, allows them to participate directly in realizing Trauma Recovery/HAP's mission.



## **Qualifications**

If you meet these qualifications and wish to join in this work, we invite you to apply for facilitator training:

- Must be an EMDRIA approved consultant.
- Proof of \$1/\$3 million malpractice insurance current coverage (for U.S. applicants).
- Proof of current license or certification (or proof of highest clinical degree earned if your country does not require a license/certification).
- Agree to participate in an interview process prior to being accepted for facilitator training. Interviews will be done by telephone or Skype if no one in your area is available to meet with you in person.

We believe that candidates who were trained by Trauma Recovery/HAP or the EMDR Institute are best prepared to become Trauma Recovery/HAP facilitators.

# **Application Process**

- Email <u>volunteers@emdrhap.org</u> and request an Application Packet.
- Complete the application; send a resume, copy of your license and malpractice insurance policy and provide two recommendations as specified in the packet instructions.
- Have an interview with a Trauma Recovery/HAP volunteer who is a facilitator or trainer.

# **Training Program**

Once accepted for training, facilitator candidates learn the material in the Facilitator Training Handbook with an assigned mentor who is an experienced Trauma Recovery/HAP facilitator or trainer. Mentoring may be one-to-one, or it may be a small group working together. Preferably this step will take place in person, but it can be done on the telephone or via Skype.

When mentoring is complete, the candidate becomes a facilitator in-training. They attend the morning lectures and shadow a facilitator during the afternoon practicum sessions for all three days of both an EMDR Part I and Part II training. Later they are observed in the role of facilitator by a facilitator on all three days of both a Part I and a Part II training event.

The training program is completed when the facilitator in-training has a minimum of 4 successful evaluations out of the six days of facilitating.