3.30.20 How to Update Your HAP Volunteer Account

Updating your volunteer account will only take minutes, and it ensures that communication is maintained and assignments are accurate. To update your HAP volunteer account, just go to www.emdrhap.org and put your mouse over the link at the top of the page that reads "Volunteers." You will then see a drop down window with several options: choose "Volunteer Support." (If you have forgotten your user name and password, you can follow the link to request them).

Once you login to your account, please review the contact information, especially your address, phone number(s), and **email address**, and update as necessary. Then be sure to update or add relevant information under Professional Background, EMDR-Related Background, Skills & Experience, and Areas of Volunteer Interest. As you complete each section, click **"Save and Continue,"** and when you are done filling in all the areas, hit **"Save and Exit."**

This information helps us understand who you are and how you can volunteer with us. The more information we have about you, the better we can match you with a volunteer opportunity.

If you no longer wish to volunteer with HAP, please email the Volunteer Coordinator at volunteer@emdrhap.org. We will deactivate your account. Remember: having a HAP volunteer account does not obligate you to volunteer, but it ensures that you will receive information on volunteer opportunities with HAP and it will make our event records more accurate.