

Participant Agreement Form

The participant acknowledges that (s)he has been advised and understands:

This EMDR training will be delivered entirely by the use of electronic communications that will allow you to access the training using a live interactive video and audio platform. Trauma Recovery, EMDR Humanitarian Assistance Programs (Trauma Recovery/HAP) utilizes secure, encrypted HIPPA compliant audio/video transmission software to provide this distance learning. All professional and ethical considerations regarding confidentiality should be maintained for any clinical material that is obtained during the course of the training. Audio and/or video recording of the Training or any portion thereof is not permitted.

You will receive email instructions about how to connect to the training program. Please make sure that you have an adequate internet connection and power source for the entire training. It is also advised that you have a back-up plan in case there is loss of internet or a power outage during the training.

1. Trauma Recovery/HAP Training is available to clinicians who work for non-profit or public sector organizations in a clinical mental health capacity. Clinicians working with underserved communities or those affected by the Covid-19 pandemic are eligible to complete their EMDR training through Trauma Recovery/HAP. You will be asked to submit your employer's name, organization name, address, city, state, phone number and email address.
2. By entering this virtual workshop, you are acknowledging that you will comply with a reasonable interpretation of the following statement and conditions: The content and application of this training material is for licensed clinicians only, and for their personal (non-commercial) use only. Viewing of this training is for registered participants only. No video, audio or image recordings of the presentation are permitted. No distribution of the program material to others including presenter PowerPoint slides is permitted without the presenter and sponsor's permission. Any information pertaining to clinical examples must remain confidential. Participants will be assigned to groups of three (with one or two of four, if necessary, based on numbers) in order for there to be an observer. Observers will have explicit instructions to alert the facilitator under certain circumstances to ensure participant safety.
3. It is not unusual for a target memory to be linked to other, unexpected, disturbing material or memories.
4. A prerequisite for receiving a Record of Attendance is the completion of the three practica at the seminar, where clinicians will give and receive EMDR under small group supervision. The practice experience is for educational purposes only and not for personal therapy.
5. Case material presented didactically, on video, or experienced during the practice session may be disturbing.
 1. Clinicians presently engaged in personal therapy must consult with their therapist before participating in the Training; and
 2. Those who presently have a dissociative disorder should not register before contacting the Trauma Recovery/HAP office; and
 3. Those with limiting or special medical conditions (such as but not limited to pregnancy, seizures, heart condition, ocular difficulties, etc.) must get medical clearance from their medical professionals prior to participating in this Training.
6. Throughout the training you will need to be in a quiet learning environment. During the afternoon practice session, it is essential that the learning space be private and without any interruptions. You will be fulfilling the roles of therapist and client during the practice session. You should be in a location where you can talk freely, and others will not overhear you. If, at any time during the training, there is concern about your personal safety, you should inform the Trauma Recovery/HAP Faculty. All measures will be taken to ensure your safety and stability.

7. Since the processing of targeted incidents may continue after training, other dreams, memories, etc. may surface. In such cases, it is the responsibility of the participant to seek and obtain appropriate assistance. Providing such assistance is neither a part of nor an extension of the Training. Clinicians who wish to continue with personal EMDR work can Find A Therapist on www.EMDRIA.org.
8. These experiential workshops (Part 1 and Part 2) are for clinical and research purposes only and will not qualify the participant to train others in EMDR.
9. Audio and/or video recording of the Training or any portion thereof is not permitted.
10. Attendance will be monitored by Trauma Recovery/HAP faculty and the Zoom platform. Records of Attendance will only be issued to those who attend the full Part I Training and participate in the practica on all three days. A Record of Completion will only be issued to those who complete the Part II Training and participate in all practica and complete all 10 hours of consultation.
11. To successfully complete the training and receive the Record of Completion, you will be required to take a learning assessment based on the text and lecture with a score of 80% or better. **You will have unlimited attempts to retake the assessment if needed.**
12. EMDRIA will receive the roster of those who completed the virtual training within one week of their completion date, so that they have the option to survey them regarding their training experience. They will be referred to EMDRIA to encourage membership and for ongoing information and resources regarding EMDR Therapy.

If not licensed, I agree to practice EMDR only under the supervision of a licensed mental health clinician. I certify that the registration information that I have submitted online and on this form is accurate.

Prior to your training, it is required that you read:

- Shapiro, F. (2001, 2018). Eye movement desensitization and reprocessing: Basic principles, protocols and procedures (3rd ed.). New York: Guilford Press.
- Shapiro, F. (2012). Getting past your past: Take control of our life with self-help techniques from EMDR therapy. New York: Rodale Press.
- Go With That Magazine Fall 2020, Volume 25, Issue 3 [EMDR & Racial Trauma] <https://mk0emdrias99osg9utnb.kinstacdn.com/wp-content/uploads/2021/05/GWT.2020.Vol .25.Issue .3.RacialTrauma.ALL .pdf>
- Guidelines for Virtual EMDR Therapy (Spring 2020) https://mk0emdrias99osg9utnb.kinstacdn.com/wp-content/uploads/2020/04/virtual_tg_report_for_member.pdf

Prior to the training, it is required that you view 2 videos:

- Video links will be provided after registration in an EMDR training with Trauma Recovery/HAP

The books are available at any major online bookstore. All other Trauma Recovery/HAP resources are available through the Trauma Recovery/HAP site: <https://www.emdrhap.org/content/training/trainee-resources/>