2026 HAP® Conference
Poster Presentation Application

What is a Poster Presentation?

A Poster is a visual presentation of your research or clinical project. Relevant topics for a poster at a HAP® Conference could include the results of a case study on a unique application of EMDR, the findings from research on evaluations of components of the EMDR Protocol, or details of a Trauma Recovery/HAP project and/or response by the Trauma Recovery Network®.

Address one central issue and state the question or hypothesis clearly in the poster using your presentation to provide a clear and explicit take-home message. Use schematic diagrams, graphs, tables and other strategies to direct the visual attention of the viewer, rather than writing text as you would for a journal article.

Presenters stand by their Posters at specified times, answer questions and dialogue with others who are interested in the content and often provide summary handouts to interested Conference attendees. Posters will remain up throughout the Conference.

Materials to be Included in Submission

1) **Cover Page:** Submit a cover page with the title and names, degrees, professional titles, affiliations, logo, web site, and contact information for each presenter. Contact information should include: address, phone, fax, and email address. The following may not be included in either the poster or the handout: biographical information, description of products or services available, or any type of advertisement. The exception would be if the prohibited content (e.g., description of a service provided) is the explicit focus of the poster or essential to the explicit focus.

2) **Abstract:** Submit a separate page with the poster title and a 500 word abstract of the poster content. Do NOT list any authors or identifying information on this page. Ideally, an abstract should highlight the key content that will be presented, research methods (if a research study is the subject of the poster), placing this content in context (in terms of what is known/not known) and highlighting any key implications for practice and/or future research. For posters that include research data, please also indicate if the research has been reviewed by a human subjects review board and, if so, by which review board.

3) **Curriculum Vita:** Submit a Curriculum Vita for each Presenter. A CV **must include** the following:

   - Degrees, year granted, awarding university, and major area of study
   - Highest level of EMDR training/accreditation
   - Work history
   - Publications and presentations—please specify those related to EMDR
   - Professional affiliations

4) **Signed Poster Presenter Terms:** Read and agree to the poster presenter terms and submit a signed copy.

When you have the above documents completed, please [submit via this link](). The deadline to submit is Sunday, June 14, 2026.

<u>**Poster Guidelines & Information**</u>

What You Will Need
You will be provided with an easel to display your poster. Your poster should be maximum 3 feet high by 4 feet wide. Please prepare your poster so that it makes the most of this space but does not exceed this size. It is helpful for your colleagues to provide a handout of your poster that includes your full contact information.

Title and Author
The title of your poster presentation and your name should be made in very large type so that viewers can see the subject matter of the poster and its author from a distance (*at least* 1-inch lettering, or 36 point font). The title, author's name and author's affiliation usually are placed at the top and in the center of the poster board.

TITLE/	AUTHOR'S NAME/	AUTHOR'S	AFFILIATION
Introduction			
			Conclusions

Content
Posters usually have a similar structure to a research paper or journal article: an **abstract**, **introduction** (i.e., brief rationale or review of relevant research or project), **method** section, **results** section, and a **conclusion** or summary. You might also want to list **key references**. If your poster is more clinically oriented, you may decide to use a different format; but breaking things into clear sections with headings will make your poster easier to understand.

In the busy environment of a conference, most people are not able to read and process long sections of text. Therefore, it is suggested to keep text to the bare essentials, sticking to the most important ideas. You can convey details via discussion when you are standing by your poster.

Format
- Use bullet points to simplify sections such as the introduction and conclusion.
- Recommended font size of 24-36 for everything except for References, which can be smaller.
- Make use of <u>underlines</u> and **boldface.**
- Use graphics and figures whenever possible. Make your poster visually pleasing and attractive.
- Software like MS PowerPoint can improve your poster.

Materials
Try to make your poster sturdy enough to withstand your trip to the meeting. Use colored paper or poster board to support sheets of 8½" X 11" paper. You can also print your poster on manuscript paper and enlarge it at a copy store. Use color (muted colors are best for the background, bright colors are acceptable for borders) in your poster.

Don't Forget to Remove Your Poster
Please remove your poster at the appointed time. Staff will not have time to remove the remaining posters. Posters left remaining will be disposed of and are not the responsibility of Trauma Recovery/HAP.